



KAUAI

Donate Today!

# NOURISH OUR 'OHANA

## MOST NEEDED ITEMS



### CANNED PROTEINS

like tuna, chicken and other lean meats



### CANNED MEALS

like soup, stew, chili and pasta



### CANNED FRUITS

as well as fruits in a jar or cup





### CANNED VEGETABLES



### BAGS OF RICE

in two to five pound bags

FIND HELP / DONATE / VOLUNTEER

@HawaiiFoodbankKauai #GiveByExample #NourishOurOhana  

**808-482-2089**

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