

Hawai'i Foodbank, Inc. Food Assistance Handout

Updated 2/6/2025 @1:35 p.m.

This list is constantly changing and is updated on our website: www.hawaiifoodbank.org/help/

Hawai'i Foodbank stores mass quantities of food in our warehouses so that it can be distributed through our 501(c)(3) non-profit agency partners. Please see below for a list of organizations that are able to help you through this difficult time (please note that days and times may change without notice.) For access to additional services, please call Aloha United Way at 2-1-1.

The organizations listed below as participating in The Emergency Food Assistance Program (TEFAP) and Temporary Assistance for Needy Families (TANF) programs distribute USDA foods to eligible individuals. When visiting one of these organizations, you will be screened for eligibility based on income and household size. For those who do not meet elegibility requirements, non-government foods are still accesible to all.

As part of a new initiative by Hawai'i Foodbank, all of our non-profit agency partners will be transitioning to Neighbor Connector—a secure intake tool and database developed by Feeding America, the national network of food banks. This transition will take place over the next 3 to 5 years. Once registered in Neighbor Connector, you'll be able to check in seamlessly at any agency using the platform, without having to provide your information again. For more information, please visit http://hawaiifoodbank.org/connector/.

Please remember to bring your own bags if possible. Carts are especially helpful when you attend the 'Ohana Produce Plus Program Distributions.

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						TCC A B		Accepts Hawai'i Foodbank Card (Neighbor
Location Name	Location	Phone #	Area	Days of Operation	Hours of Operation 8:00am - 9:00am	TEFAP	TANF	Connector)
	99-005 Moanalua Rd.			Saturdays or	8:00am - 9:00am	✓		
Aiea 7th Day Adventist Church	Aiea, HI 96701	(808) 488-9855	Central Oahu	by appt	call (808) 488-9855			
Armed Services YMCA (JBPHH)	100 McChord Street Joint Base Pearl Harbor- Hickam, 96853	808-448-1972	Central Oahu	Monday - Friday	8:00am - 3:00pm (Military installation access required)	~		
Armed Services YMCA (Wheeler)	1262 Santos Dumont Ave Bldg. 122 Wahiawa, 96786	(808) 624-5645	Central Oahu	Monday - Friday	8:00am - 3:00pm (Military installation access required)	~		
Brethren of Christ International	94-133 Pahu St. Waipahu HI 96797	(808) 676-4673	Central Oahu	Sundays	12:00pm - 1:00pm	 ✓ 		
Calvary Chapel Pearl Harbor	94-1044 Waipio Uka St. Waipahu, HI 96797	(808) 372-6753 or (808) 295-1669	Central Oahu	1st Saturday	8:00am - 10:00am	~		
First Assembly of God Red Hill	3400 Moanalua Rd. Honolulu, HI 96819	(808) 836-2300	Central Oahu	Tuesday - Friday (on-call) or by appt	4:30pm call (808) 836-2300	~		

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER Food Pantry

						75540		Accepts Hawai'i Foodbank Card (Neighbor
Location Name	Location	Phone #	Area	Days of Operation	Hours of Operation	TEFAP	TANF	Connector)
	94-325 Mokuola St.		Control Ophy	1 at Caturday	0.000m 11.000m	\checkmark		
Jesus Reigns Ministries	Waipahu, HI 96797		Central Oahu	3rd Saturday Emergency	9:00am - 11:00am			
New Hope Kapolei Ministry	94-199 Leonui St.	(000) 600 0660		Pantry on call Tuesday-	0.000	✓		
Center	Waipahu, HI 96797	(808) 680-9669	Central Oahu	Saturday	8:00am - 10:00am			
New Life Body of Christ	74 S. Kamehameha Hwy.					\checkmark		\checkmark
Christian Church	Wahiawa, HI 96786	(808) 622-6650	Central Oahu	Tuesdays & Thursdays	9:00am - 12:00pm			
	1403 California Ave.	/				\checkmark	\checkmark	
Our Lady of Sorrows	Wahiawa, HI 96786	(808) 621-5109	Central Oahu	Last Saturday	9:00am - 11:00am			
	98-939 Moanalua Rd.					\checkmark		
St. Timothy's Episcopal Church	Aiea, HI 96701	(808) 488-5747	Central Oahu	Tuesdays	4:30pm - 6:30pm			
	99-312 Moanalua Rd.				4:30pm - 6:00pm			
St. Elizabeth Catholic Church	Aiea, HI 96701	(808) 487-2414	Central Oahu	-	(Games 4:30pm - 5:00pm)			
				2nd Tuesday	2:30pm - 5pm			
	94-675 Farrington Highway			or		✓		
St. Joseph Church	Waipahu, HI 96797	(808) 676-3493	Central Oahu	by appt	call (808) 676-3493			
	300 Wilikina Drive Wahiawa					\checkmark	\checkmark	
First Assembly of God Wahiawa	HI 96786	(808) 836-2300	Central Oahu	Sundays	12:00pm-12:30pm	•	•	
	64 Ohai St.					\checkmark		\checkmark
Surfing the Nation	Wahiawa, HI 96786		Central Oahu	Thursday, Friday & Saturday	1:00pm - 3:00pm	•		•
Voice of God Ministries	233 Akamainui St. Mililani, HI 96789	(808) 622-2635	Central Oahu	Wednesdays & Fridays	BY APPOINTMENT ONLY Leave your name and number and they will return your call 11:00am - 1:00pm	~	~	
Wahiawa 7th Day Adventist	1313 California Ave.					\checkmark		
Church	Wahiawa, HI 96786	(808) 622-3440	Central Oahu	Last Sunday	9:00am - 11:00am			
Waipahu Seventh-Day	94-902 Awanei St.					 ✓ 		
Adventist	Waipahu, HI 96797		Central Oahu	3rd Sunday	1:00pm - 3:00pm			
Angel Network Charities https://www.angelnetworkcha				2nd, 4th & 5th Fridays		~		
rities.org/	Honolulu, HI 96821	(808) 377-1841	East Honolulu	Closed Month of July 2025	10:00am - 12:00pm			
	4303 Diamond Head Rd. `iliahi							
Kapiolani Community College -	231							
Pohukaina Food Pantry	Honolulu, HI 96816					✓		
ONLINE REGISTRATION ONLY	(Parking available in lower Lot							
@ http://go.hawaii.edu/3Ss	В.)		East Honolulu	Thursdays	2:00pm - 5:00pm			
	310 Paoakalani Ave.					\checkmark		
Waikiki Community Center	Honolulu, HI 96816	(808) 923-1802	East Honolulu	Tuesdays	1:00pm - 2:00pm	v		
	702 Puuhale Rd.					1		
Abundant Grace Church	Honolulu, HI 96819	(808) 200-1177	Honolulu	Wednesdays	10:00am - 12:00pm	✓		
	620 Waipa Lane					1		
Cedar Assembly of God	Honolulu, HI 96817	(808) 379-0257	Honolulu	2nd & 3rd Tuesdays	8:00am - 9:00am	✓		

								Accepts Hawaiʻi Foodbank Card (Neighbor
Location Name	Location	Phone #	Area	Days of Operation	Hours of Operation	TEFAP	TANF	Connector)
				3rd Saturday	9:00am - 11:30am			
	515 Main Street	(000) 400 7000		or		✓		
Church of Christ at Pearl Harbor	,	(808) 422-7033	Honolulu	by appt	call (808) 422-7033			
Church of God Prophecy	1202 Prospect Street Honolulu,	(000) 744 0745			10:00am - **While	\checkmark		
@ Stevenson Rec Center	HI 96813	(808) 741-0745	Honolulu	· · ·	Supplies Last**			
				Last Friday	3:00pm - 5:00pm			
	712 N Cabaal St			or Manday, Friday	8.00am 12.00am	\checkmark		
	712 N School St.	(000) 534 4700		Monday - Friday	8:00am - 12:00pm,			
Co-Cathedral of St Theresa	Honolulu, HI 96817	(808) 521-1700	Honolulu		2:00pm - 4:00pm			
	1020 S. Beretania Street	(000) 533 0555			2.00	\checkmark		
First United Methodist Church	Honolulu, HI 96814	(808) 522-9555	Honolulu	Mondays	2:00pm - 4:00pm			
Full Consol of Ophy	1680 Kapiolani Blvd		Henelulu	Curr de ve	8:20am 1:00am	\checkmark		
Full Gospel of Oahu	Honolulu, HI 96814 901 Hausten St. Honolulu	(808) 942-0854	Honolulu	Sundays	8:30am - 1:00pm			
Crass Bible Church	HI 96826	(909)242 7606	Hanalulu	and 9. 4th Caturdays	10,00am 12,00am	 ✓ 		
Grace Bible Church	1545 Kamehameha IV Rd.	(808)343-7606	Honolulu	2nd & 4th Saturdays Sundays	10:00am-12:00pm 11:00am - 12:00pm			
Hawaii Cadar Church			Hanalulu			✓		
Hawaii Cedar Church	Honolulu HI 96819		Honolulu	Wednesdays	7:00am - 9:00am			
Hawaiian Humane Society (FOR PET FOOD ONLY)	2700 Waialae Ave. Honolulu, HI 96826	(808) 356-2222	Honolulu	See website for current days of operations	https://hawaiianhumane. org/pet-food-bank/			
	2232 Kanealii Ave.					\checkmark	\checkmark	
Honolulu Fil-am S.D.A Church	Honolulu, HI 96813		Honolulu	1st & 3rd Sunday	9:00am - 1:00pm		· ·	
	766 N King St.					\checkmark		
Kaumakapili Church	Honolulu, HI 96817	(808) 845-0908	Honolulu	Wednesdays	9:00am - 11:00am			
				3rd Saturday	8:00am - 10:00am			
New Hope International				or by appt	call (808) 842-4242 ext. 327	~		
Ministries @ Pacific Rim	2223 Hoonee Street	(808) 842-4242			during Business Hours			
Christian University	Honolulu, HI 96819	ext. 327	Honolulu	Leat Caburda	Only 9:00am - 11:00am			
	1775 S Beretania St.	(808) 946-6505		Last Saturday or	call (808) 946-6505 or	~		
Olivet Baptist Church	Honolulu, HI 96826	(808) 306-6611	Honolulu	by appt	(808) 306-6611			
	810 N. Vineyard Blvd.	(Monday, Tuesday, Thursday, Friday	9:00am - 2:00pm	~		
Palama Settlement	Honolulu, HI 96817	(808) 848-2529	Honolulu	by appt only	call (808) 848-2529			
Parents And Children Together- KPT Family Center	1485 Linapuni St. Suite 103 Honolulu, HI 96819	(808) 841-6177	Honolulu	Monday, Wednesday, Friday	8:30am - 4:00pm			

								Accepts Hawaiʻi Foodbank Card (Neighbor
Location Name	Location	Phone #	Area	Days of Operation	Hours of Operation	TEFAP	TANF	Connector)
The Device of St. Classent	1515 Wilder Ave.		Llanalulu	M/advasdava	10.000 12.00000	\checkmark		
The Parish of St. Clement	Honolulu, HI 96822 101 N. Pauahi St.		Honolulu	Wednesdays	10:00am - 12:00pm			
River of Life Mission	Honolulu, HI 96817		Honolulu	2nd & 4th Friday	10:30am - 3:00pm	\checkmark		
The Salvation Army Family	296 N Vineyard Blvd.		Honorulu		10.50am - 5.00pm			
Services Office	Honolulu, HI 96817	(808) 521-6551	Honolulu	Mondays & Wednesdays	12:30pm - 2:30pm	\checkmark		
	720 North King St.	(808) 521-0551	Tionolulu	wednesdays				
St. Elizabeth's Episcopal Church	Honolulu, HI 96817		Honolulu	Monday - Friday	8:00am - 12:00pm	\checkmark	\checkmark	
St. John the Baptist Catholic	2340 Omilo Ln.		Honorata	initial - Thuay	0.00dill - 12.00pill			
Church	Honolulu, HI 96819	(808) 845-0984	Honolulu	4th Wednesday	10:30am - 12:30pm	\checkmark		
	2821 Lowrey Ave.	(808) 843 8384	Tionolaid					
St. Pius X Parish	Honolulu, HI 96822	(808) 988-3308	Honolulu	Wednesdays & Fridays	10:00am - 11:30am	\checkmark	\checkmark	
	701 N King St.		Honoraia		10.000111 11.000111			
Su Gran Alabanza	Honolulu, HI 96817	(808) 843-8082	Honolulu	1st &3rd Wednesdays	10:30am - 12:00pm			
Susannah Wesley Community	1117 Kaili St.	(000) 043 0002	lionolulu	Tuesdays & Thursdays	10.500111 12.000111			
Center	Honolulu, HI 96819	(808) 847-1535	Honolulu		12:00pm - 2:00pm	\checkmark	\checkmark	\checkmark
The Pantry by Feeding Hawaii Together	2522 Rose St. Honolulu, HI 96819	(808) 888-0778	Honolulu	By appointment only. Register and shop online at thepantry.org	Pre-order at thepantry.org and receive a confirmation email with pick up date/times.	✓	~	
	94-897 Waipahu St.				3:00pm - **While Supplies	\checkmark		\checkmark
City of Refuge Church	Waipahu, HI 96797	(808) 677-5677	Leeward Coast	1st & 3rd Friday	Last**	v		v
Elepaio Social Services	Learning Center @ Maili 87-790 Kulauka St. Waianae, HI 96792	(808) 697-3526	Leeward Coast	Mondays	10:00am - 12:00pm	~	~	
Elepaio Social Services	Waianae Elementary 85-220 McArthur St. Waianae, HI 96792	(808) 697-3526	Leeward Coast	Wednesdays	10:00am - 12:00pm	~	~	
Elepaio Social Services	Hoa Aina O Makaha 87-766 Lahaina St. Waianae, HI 96792	(808) 697-3526	Leeward Coast	Thursdays	10:00am - 12:00pm	✓	~	
Elepaio Social Services	QLT Nanakuli 87-1876 Farrington Hwy. Waianae, HI 96792	(808) 697-3526	Leeward Coast	Fridays	10:00am - 12:00pm	✓	~	
Hawaiian Humane Society (FOR	91-1945 Fort Weaver Rd.			See website for current days	https://hawaiianhumane.			
PET FOOD ONLY)	Ewa Beach, HI 96706	(808) 356-2222	Leeward Coast	of operations	org/pet-food-bank/			
Immaculate Conception Church	91-1298 Renton Rd. Ewa Beach, HI 96706	(808) 681-3701	Leeward Coast	*	Closed Jan 10,2025 & Apr. 18,2025 & May 30 2025 4:00pm - 6:00pm	✓		
Inspire Church	94-877 Lumiaina Street, Bldg 12 Waipahu, HI 96797	(808) 677-8844	Leeward Coast	Thursday Saturday Sunday by appt only	Thr - 9:30am-4:30pm Sat - 4:45pm-6:15pm Sun - 8:00am-1:15pm call (808) 677-8844	~		

Location Name	Location	Phone #	Area	Days of Operation	Hours of Operation	TEFAP	TANF	Accepts Hawaiʻi Foodbank Card (Neighbor Connector)
	86-311 Lualualei Homestead							
	Rd.			Monday - Wednesday	9:00am - 2:00pm	\checkmark		
Ka Hana O Ke Akua UCC	Waianae, HI 96792	(808) 696-5652	Leeward Coast	by appt only	call (808) 696-5652			
				3rd Monday	8:00am - 10:00am			
	89-235 Pua Ave.			or		\checkmark		
Nanaikapono Protestant Church	Waianae, HI 96792	(808) 668-1184	Leeward Coast	by appt	call (808) 668-1184			
	Kea'au Hmstds. Rd.					\checkmark		
Our Lady of Kea'au	Waianae, HI 96792	(808) 696-7255	Leeward Coast	3rd Friday	10:00am - 2:00pm	v		
	91-1004 North Rd.					\checkmark		\checkmark
Our Lady of Perpetual Help	Ewa Beach, HI 96706	(808) 689-8681	Leeward Coast	Last Saturday	9:00am - 11:00am	v		v
	87-125 Maipalaoa Rd.					\checkmark		
Paradise Chapel	Waianae, HI 96792	(808) 668-1588	Leeward Coast	Wednesdays	7:00am - 9:00am	V		
				Tuesdays and Thursdays	New clients 2:30pm -			
					3:30pm to register	\checkmark		
	92-455 Makakilo Dr.				3:30pm - **While Supplies	•		
St. Jude Catholic Church	Kapolei, HI 96707	(808) 672-8669	Leeward Coast	:	Last**			
	89-318 Farrington Highway					\checkmark		
St. Rita's Church	Waianae, HI 96792	(808) 668-7833	Leeward Coast	Monday & Wednesday	9:30am - 11am	•		
	85-131 Ala Hema St.					\checkmark	\checkmark	
Waianae Baptist Church	Waianae, HI 96792		Leeward Coast	, ,	9:00am - 12:00pm	•	•	
				2nd & 4th Saturdays	10:00am - 12:00pm			
Waianae Wags	85-786 Farrington Highway			or				
(FOR PET FOOD ONLY)	Waianae HI 9679	(808) 754-7187	Leeward Coast	by appt only	call (808) 754-7187			
	66-405 Waialua Beach Rd.					\checkmark		
Jesus Is Alive Fellowship	Haleiwa, HI 96712	(808) 754-5949	North Shore	· · · · · · · · · · · · · · · · · · ·	12:30pm-1:30pm	•		
	P. O. Box 1109			Monday Delivery	1:00pm - 5:00pm	\checkmark		
Private Sector Hawaii	Haleiwa, HI 96712	(808) 638-9627	North Shore	by appt only	call (808) 638-9627	•		
St. Michael Parish Outreach	67-340 Haona St. Waialua, HI 96791	(808) 637-4040	North Shore	2nd & 4th Mondays or by appt	8:30am - 10:30am call (808) 637-4040	✓		✓
	59-578 Kamehameha Highway					 ✓ 		\checkmark
Sunset Beach Christian Church	Haleiwa, HI 96712	(808) 638-0019	North Shore	Tuesdays	12:00pm - 1:30pm			
	455 Bingham Way Kailua, Hi 96734	(808) 254-4719	Windward Coast	Monday - Friday	8:00am - 3:00pm (Military installation access required)	~		
Central Union Church	38 Kaneohe Bay Dr.		Windward			\checkmark		
Windward	Kailua, HI 96734		Coast	Wednesdays	9:00am - 10:00am			

								Accepts Hawaiʻi Foodbank Card (Neighbor
Location Name	Location	Phone #	Area	Days of Operation	Hours of Operation	TEFAP	TANF	Connector)
First Assembly of God	47-323 Ahuimanu Rd.		Windward			\checkmark		
Windward	Kaneohe, HI 96744		Coast	Sundays	9:30am - 12:30pm			
	46-158 Kahuhipa Street		Windward	Monday - Friday	call or go online to schedule an appointment: https://www.givinghopeh	~		
Giving Hope Hawaii	Kaneohe, HI 96744	(808) 620-2537	Coast	by appt only	awaii.org/food-assistance			
Hui Mahiai Aina	41-902 OluOlu St. Waimanalo, Hi 96795	()	Windward Coast	Tuesdays	9:00am - 12:00pm	✓		
Hui O Hau'ula	54-010 Kukuna Road Hauula, HI 96717		Windward Coast	Monday, Wednesday, Friday (1st Monday closed)	9:00am - 12:00pm	\checkmark	\checkmark	\checkmark
KEY Project	47-200 Waihee Rd. Kaneohe, HI 96744	(808) 239-5777	Windward Coast	Monday - Friday	8:00am - 4:00pm	\checkmark		\checkmark
Our Lady of Mount Carmel Church	48-422 Kamehameha Hwy. Kaneohe, HI 96744	(808) 239-9269	Windward Coast	Wednesdays	10:00am - 12:00pm	\checkmark		\checkmark
Residential Youth Serivces and Empowerment (RYSE)	42-470 Kalanianaʻole Hwy Bldg 6, Kailua, HI 96734	(808) 498-5180	Windward Coast	7 days a week	8:00am - 8:00pm	\checkmark		\checkmark
St. Ann's Church	46-129 Haiku Rd. Kaneohe, HI 96744	(808) 247-3092 ext. 123	Windward Coast	Monday - Friday by appt only	1:00pm call (808) 247-3092 ext. 123			
	114 Makawao Street		Windward			\checkmark		
St. Anthony's Outreach	Kailua, HI 96734	(808) 266-2227	Coast	Tuesdays & Thursdays	9:00am - 12:00pm	•		
	45-725 Kamehameha Hwy.		Windward			\checkmark		
St. Mark Lutheran Church	Kaneohe, HI 96744	(808) 247-4565	Coast	Saturdays	8:00am - 10:00am			
The Salvation Army Kaneohe	45-175 Waikalua Rd. Kaneohe, HI 96744	(808) 235-1408	Windward Coast	Tuesdays	9:00am - 12:00pm	\checkmark		

Prepared Meals - Soup Kitchens

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Location Name	Location	Phone #	Area	Days of Operation	Hours of Operation	TEFAP
	99-312 Moanalua Rd.		Central			
St. Elizabeth Catholic Church	Aiea, HI 96701	(808) 487-2414	Oahu	Thursdays	5:00pm - 6:00pm	
	98-939 Moanalua Rd.		Central			✓
St. Timothy's Episcopal Church	Aiea, HI 96701	(808) 488-5747	Oahu	2nd & 4th Tuesday	4:30pm - 6:00pm	•
					After first service	
					10:00am - 10:30am	\checkmark
	3400 Moanalua Rd				After second service	•
First Assembly of God Red Hill	Honolulu, HI 96819		Honolulu	Sundays	12:00pm - 12:30pm	
	1020 S. Beretania Street					\checkmark
First United Methodist Church	Honolulu, HI 96814	(808) 522-9555	Honolulu	Sundays	8:30am - 9:30am	•
					Breakfast 8:00am - 10:30am	
	101 N Pauahi St.				Lunch 12:30pm - 2:30pm	
River of Life Mission	Honolulu, HI 96817		Honolulu	Monday - Friday	Dinner 7:00pm - 8:00pm	
The Salvation Army Camp	296 N Vineyard Blvd.				CLOSED June - August	✓
Homelani @ Kauluwela Corps	Honolulu, HI 96817		Honolulu	Sundays	7:30pm	•
	720 N King St.					✓
St. Elizabeth's Episcopal Church	Honolulu, HI 96817		Honolulu	Saturdays	7:00am - 8:00am	•
	620 Waipa Lane					\checkmark
Cedar Assembly of God	Honolulu, HI 96817	(808) 379-0257	Honolulu	Tuesdays	8:00am - 9:00am	• •
	94-133 Pahu St.		Leeward			 ✓
Brethren of Christ International	Waipahu HI 96797	(808) 676-4673	Coast	Sundays	12:00pm - 1:00pm	v

Mass Distributions - 'Ohana Produce Plus Program

(Bolded dates have been	adjusted due to Holidays/Closures)

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							Accepts Hawai'i						
					Turne of		Foodbank Card			F obusens	N A e web	0	
Distribution Cite Norma			Dh		Type of		(Neighbor		Distribution Data	February	March	April	
Distribution Site Name	Distribution Address	Area	Phone #	Sign In Pre-registration	Distribution	TEFAP	Connector)	Distribution Time	Distribution Date	2025	2025	2025	
				available at									
Armed Services YMCA JBPHH				https://hawaii.a									
	100 Machard St. Bldg 1850	Control				v							
(Military installation access	100 McChord St., Bldg. 1859	Central	(000) 472 2200	symca.org/even				1.00	E a sthe Marshamada	26	27	22	
required)	Pearl Harbor, HI 96853	Oahu	(808) 473-3399	ts/ Pre-registration	Walk Up			1:00pm - 3:00pm	Fourth Wednesday	26	27	23	
				available at									
Armond Complete VINACA													
Armed Services YMCA				https://hawaii.a		v							
Schofield/Wheeler (Military	1262 Santos Dumont Ave.	Central		symca.org/even									
installation access required)	Wahiawa, HI 96786	Oahu	(808) 433-8410	ts/	Walk Up			12:30pm - 2:30pm	4th Monday	24	24	28	
Calvary Chapel Pearl Harbor @	1310 Waimano Home Rd.	Central			Drive Thru & Walk	\checkmark							
Manana Community Park	Pearl City, HI 96782	Oahu			Up			7:00am	Last Saturday	22	29	26	
	300 Wilikina Dr.	Central				\checkmark							
First Assembly of God Wahiawa	Wahiawa, HI 96786	Oahu	(808) 836-2300		Walk Up			7:00am-9:00am	4th Saturday	29	29	26	
				Follow the									
Inspire Church @ Patsy T Mink				Organization on									
Central Oahu Regional Park				Eventbrite to		\checkmark							
ONLINE REGISTRATION ONLY @				find out when									
https://www.eventbrite.com/o/ins	94-801 Kamehameha Hwy.	Central		Registration	Drive Thru & Walk								
pire-church-44520083263	Waipahu, HI 96797	Oahu		Opens	Up			9:00am - 11:00am	1st Tuesday	4	4	1	
Leeward Community Church				Registration									
ONLINE REGISTRATION ONLY @	1860 Komo Mai Dr.	Central		opens Monday	Drive Thru & Walk								
http://komomaics.org/food	Pearl City, HI 96782	Oahu	(808) 456-1340	prior	Up			See Registration	2nd Saturday	8	8	None	
	94-230 Leokane St.	Central				\checkmark				7, 14, None ,	7, None,	4, 11, None ,	
Lighthouse Outreach Center	Waipahu, HI 96797	Oahu			Walk Up			9:00am - 11:00am	Fridays	28	None , 28	25	
Pearlside Church				Registration									
ONLINE REGISTRATION ONLY @	98-751 Kuahao Place	Central		opens Monday	Drive Thru & Walk								
https://pearlside.org/cares	Aiea, HI 96701	Oahu	(808) 484-0061	prior	Up			10:30am - 12:00pm	1st Saturday	1	1	5	
	1679 California Ave.	Central			Drive Thru & Walk	\checkmark							
St. Stephen Episcopal Church	Wahiawa, HI 96786	Oahu			Up	v		10:00am	2nd Wednesday	12	12	9	
St. Stephen Episcopal Church @	1445 California Ave.	Central			Drive Thru & Walk	\checkmark							
Wahiawa United Methodist Church	Wahiawa, HI 96786	Oahu			Up			10:00am	4th Wednesday	26	5	23	
St. Stephen Episcopal Church @	1259 Whitmore Ave.	Central			Drive Thru & Walk								
Whitmore Community Center	Wahiawa, HI 96786	Oahu			Up	v		10:00am	2nd Monday	10	10	14	
							\checkmark						
	64 Ohai St.	Central		1:00pm -									
Surfing the Nations	Wahiawa, HI 96786	Oahu		2:30pm	Walk Up			When Truck Arrives	Thursdays	6, 13, 20, 27	6, 13, 20, 27	3, 10, 17, 24	
	5339 Kalanianaole Hwy.	East								, , ,	, , ,		
Angel Network Charities	, Honolulu, HI 96821	Honolulu			Walk Up	\checkmark		1:00pm - 3:00pm	1st & 3rd Thursday	6, 20	6, 20	3, 17	
	5740 Kalanianaole Hwy.	East			Drive Thru & Walk				2nd & 4th	-, -	-, -	/	
King's Cathedral Oahu	Honolulu, HI 96821	Honolulu	(808) 466-3273		Up	✓		11:00pm - 1:00pm	Thursdays	13, 27	13, 27	10, 24	
Mutual Housing Association of	2170 Ahe St	East								,	,	,	
Hawaii - Palolo Homes	Honolulu, HI 96816	Honolulu			Walk Up			11:30am - 1:30pm	1st Tuesday	4	4	1	
Waikiki Community Center @													
Kapiolani Community College													
ONLINE REGISTRATION ONLY @	4303 Diamond Head Rd.	East			Drive Thru & Walk								
http://go.hawaii.edu/7PP	Honolulu, HI 96816	Honolulu			Up			See Registration	2nd Friday	None	None	11	
http://boundanicud//ir	961 lo Ln.	nonoiulu		9:00am -	<u>ү</u>					None	Hone		
Calvary Assembly of God	Honolulu, HI 96817	Honolulu		1:00pm	Walk Up			3:00pm	3rd Friday	21	21	17	
		nonoidiu		1.00pm				Walk-Up: 11:00am -	Stuttiday	21	21	1/	
								12:00pm					
	1660 S Beretania St.				Drive Thru & Walk			Drive-Thru: 12:00pm -			5 12 10	2 0 16 22	
Control Union Church		Hanalulu								E 10 10 0C	5, 12, 19,	2, 9, 16, 23,	
Central Union Church	Honolulu, HI 96826	Honolulu	(808) 941-0957		Up			1:00pm	Every Wednesday	5, 12, 19, 26	None	30	

							Accepts Hawai'i					
							Foodbank Card					
Distribution Site Name	Distribution Address	Area	Phone #	Sign In	Type of Distribution	TEFAP	(Neighbor Connector)	Distribution Time	Distribution Date	February 2025	March 2025	April 2025
Co-Cathedral of St Theresa	Distribution Address	Alea		Registration	Distribution		connectory		Distribution Date	2025	2025	2025
ONLINE REGISTRATION ONLY @	712 N School St.				Drive Thru & Walk	\checkmark						
https://www.cocathedral.org/	Honolulu, HI 96817	Honolulu		prior.	Up			9:00am - 11:00am	4th Saturday	22	22	26
	3400 Moanalua Rd.				Drive Thru & Walk	\checkmark						
First Assembly of God Red Hill	Honolulu, HI 96819	Honolulu	(808) 836-2300		Up			7:30am - 9:30am	4th Saturday	29	29	26
Gregory House Programs @ First Baptist Church	1313 Pensacola St. Honolulu, HI 96814	Honolulu	(808) 592-9048		Walk Up	\checkmark		10am - **While Supplies Last**	2nd Tuesdays	11	11	8
Hawaii Health & Harm Reduction	Honolulu, HI 30814	Honolulu	(808) 392-9048					Supplies Last		11	11	8
Center @ Na Kapuna Makamae	653 Ala Moana Blvd.					\checkmark						
Community Center	Honolulu, HI 96813	Honolulu	(808) 521-2437		Walk Up				Fourth Wednesday	26	19	23
						\checkmark						
	350 Sumner St.					•						
Institute For Human Services	Honolulu, HI 96817	Honolulu	(808) 447-2800		Walk Up			1:00pm	Last Thursday	27	27	24
Institute For Human Convises @	2475 N Nimitz Hwy.					\checkmark						
Institute For Human Services @ Kahauiki Village	Honolulu, HI 96819	Honolulu	(808) 447-2800		Walk Up	v		1:00pm - 3:00pm	Last Tuesday	25	25	29
		Honolulu	(808) 447-2800					1.00pm - 5.00pm		23	23	29
	2214 North King St.											
Kalihi Union Church	Honolulu, HI 96819	Honolulu	(808) 841-7022		Walk Up			9:00am - 11:00am	Thursdays	6, 13, 20, 27	6, 13, 20, 27	3, 10, 17, 24
Korean Seventh Day Adventist	2142 Algaroba St.											
Church	Honolulu, HI 96826	Honolulu	(808) 955-3339		Walk Up			11:00am	Last Monday	24	24	28
				Check facebook								
	Various school locations,			or their website								
	please see online			to see when								
Life Christian Church	regestration for information.			registration								
ONLINE REGISTRATION ONLY @	99-611 Ulune St.			-	Drive Thru & Walk							
www.lifechristianhawaii.org/events		Honolulu	(808) 201-4482		Up			See Registration	1st Saturday	1	1	5
<u> </u>			· · ·						,			
	1485 Linapuni St # 103,											
PACT KPT Family Center	Honolulu, HI 96819	Honolulu	(808) 841-6177		Walk Up				3rd Monday	18	18	15
						\checkmark						
Palama Settlement @ Kaahumanu	760 McNeill St., Bldg. 16	Useslulu	(000) 045 2045					12.00.000	1 at Enidou	7	7	4
Homes	Honolulu HI 96819	Honolulu	(808) 845-3945		Walk Up			12:00pm - 2:00pm	1st Friday	7	7	4
						\checkmark						
Palama Settlement @ Mayor	521 N Kukui Street											
Wrights	Honolulu, HI 96817	Honolulu	(808) 845-3945		Walk Up			12:00pm - 2:00pm	3rd Friday	21	21	11
Reality Church @ Ke'elikolani Middle			, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		Drive Thru & Walk				,			
School	Honolulu HI 96813	Honolulu			Up			11:00am - 2:00pm	1st Saturday	1	1	5
	800 Kaheka St.				Drive Thru & Walk							
Sts. Peter and Paul Church	Honolulu, HI 96814	Honolulu	(808) 941-0675		Up			10:00am - 11:00am	3rd Saturday	15	15	12
	3950 Paine Circle											
Trinity Missionary Baptist Church	Honolulu, HI 96818	Honolulu	(808) 422-8622		Walk Up			9:00am	4th Tuesday	25	25	22
	91-1051 Franklin D Roosevelt											
Armed Services YMCA @ Daniel K	Ave.	Leeward			Molk La			10,000 12,00	and Ender	1 /	4.4	1.1
Akaka VA Clinic	Kapolei, HI 96707	Coast	(808) 254-4719		Walk Up			10:00am - 12:00pm	2nd Friday	14	14	11

							Accepts Hawaiʻi Foodbank Card					
					Type of		(Neighbor			February	March	April
Distribution Site Name	Distribution Address	Area	Phone #	Sign In		TEFAP	Connector)	Distribution Time	Distribution Date	2025	2025	2025
	91-884 Fort Weaver Rd.	Leeward			Drive Thru & Walk				4th Friday Every			
Boys & Girls Club Ewa Beach	Ewa Beach, HI 96706	Coast	(808) 689-4182		Up				other month	None	28	None
*	87-2070 Farrington Hwy.	Leeward	· · ·									
City of Joy Assembly of God	Waianae, HI 96792	Coast	(808) 256-3596		Walk Up			8:00am - 10:00am	1st Saturday	1	1	5
Community People Ministries @	960 Bayview St. #85	Leeward			Drive Thru & Walk							
Pokai Bay Beach Park	Waianae, HI 96792	Coast		10:30am	Up	v	\checkmark	11:30am - 12:30pm	1st Friday	7	7	4
Community Pepole Ministires @	91-970 Kaileolea Dr.	Leeward			Drive Thru & Walk		\checkmark					
Puuloa District Park	Ewa Beach, HI 96706	Coast		9:30am	Up	v	v	10:30am - 11:30am	Last Tuesday	25	25	29
	85-596 Waianae Valley Rd.	Leeward				\checkmark						
Hawaii Cedar Church Waianae Farm	Waianae, HI 96792	Coast		10:00am	Walk Up	v		12:00pm - 3:00pm	4th Tuesday	25	25	22
	91-1298 Renton Rd.	Leeward										
Immaculate Conception Church	Ewa Beach, HI 96706	Coast	(808) 681-3701		Walk Up			3:00pm - 5:00pm	1st Friday	7	7	4
	91-1450 Renton Rd.											
Message of Peace Ministry @ Asing	Ewa Beach, HI 96706	Leeward			Drive Thru & Walk	\checkmark		7:00am until supplies				
Community Park		Coast			Up				3rd Saturday	15	15	19
Message of Peace Ministry @	91-5007 Kapolei Pkwy.	Leeward			Drive Thru & Walk	\checkmark		7:00am until supplies				
Kapolei High School	Kapolei, HI 96707	Coast			Up	· ·		last	2nd Saturday	TBD	TBD	TBD
	89-235 Pua Ave.	Leeward				\checkmark						
Nanaikapono Protestant Church	Waianae, HI 96792	Coast	(808) 668-1184	8:30am	Walk Up	-		10:00am	4th Saturday	22	22	26
Hope Chapel Kahuku @ Kahuku	56-117 Pualalea St.				Drive Thru & Walk							
Medical Center - Trailers	Kahuku, HI 96731	North Shore			Up			2:30pm	4th Monday	24	24	28
	54-135 Kamehameha Hwy.				Drive Thru & Walk		\checkmark					
Hui O Hauula @ Hauula Beach Park	Hauula, HI 96717	North Shore			Up			10:00am - 12:00pm	1st Monday	3	3	7
Key Project @ Kahuku Community	56-576 Kamehameha Hwy.				Drive Thru & Walk	\checkmark	\checkmark					
Association	Kahuku, HI 96731	North Shore	(808) 239-5777		Up			12:00pm - 2:00pm	3rd Thursday	20	27	17
Once A Month Church @ Kaiaka Bay					Drive Thru & Walk	\checkmark	\checkmark					
Beach Park	Haleiwa, HI 96712	North Shore	(808) 780-8037	Pre-registration	Up			12:00am - 2:00pm	3rd Wednesday	19	19	16
				u u								
Armod Corvinse VMCA MCDU				available at								
Armed Services YMCA MCBH @		M(in during red		https://hawaii.a		\checkmark						
1 ()	2702 Cushman Ave.	Windward	(000) 254 4740	symca.org/even				12.00		10	10	14
access required)	Kailua, HI 96734 41-415 Hihimanu St.	Coast Windward	(808) 254-4719	ts/	Walk Up Drive Thru & Walk			12:00pm - 2:00pm	2nd Monday	10	10	14
Dynamic Compassion In Action @			(909) 754 6360			\checkmark		1.20 pm	1 of Q. 2 rd Manda	2 10	2 17	7 21
Waimanalo District Park Hui Mahiai Aina @ Waimanalo	Waimanalo, HI 96795 41-415 Hihimanu St.	Coast Windward	(808) 754-6260		Up Drive Thru & Walk			1:30pm	1st & 3rd Monday	3, 10	3, 17	7, 21
_						✓		12:30pm	1st Thursday	F	F	2
District Park	Waimanalo, HI 96795	Coast		Registration	Up			12:30pm	1st Thursday	6	6	3
				opens on the								
	47-200 Waihee Rd.	Windward		last Tuesday of		\checkmark	\checkmark					
Key Project	Kaneohe, HI 96744		(808) 239-5777	the month	Walklin			1:00pm - 4:00pm	1st Tuesday	Δ	Λ	1
Key Project		Coast	(000) 239-5///	the month	Walk Up			11.00pm - 4.00pm	Ist Tuesday	4	4	T

O'AHU HOMELESS HELP CARD

Information provided by Partners In Care Oʻahu Produced as a service of the City & County of Honolulu

GENERAL HELP

Access to Independence (For Those with a Disabil	lity)
808-369-9	521
Aloha United Way (auw211.org)	211
Hui O Hau'ula (Social Svs. Ko'olauloa Residents Ol	ily)
	045

CRISIS (24 HOURS)

Hawai'i CARES (mental health,	substance use crisis and
support services)	808-832-3100
Domestic Violence Crisis Line	808-266-7233

ABUSE (CHILD/SPOUSE/ADULT)

Adult Protective Services (weekdays)	808-832-5115	
Child Protective Services (24 hour)	808-832-5300	
Domestic Violence Action Center	808-531-3771	
Toll-Free (all islands)	800-690-6200	
Text (24 hour)		
24/7 Chat Available	-	
www.domesticviolenceactioncenter.org		

Domestic Violence Hotlines:

Volunteer Legal Services Hawai'i

KPHC. Healthcare for the Homeless Project

MedQuest Information Low-Cost Insurance

Catholic Charities Hawai'i Counseling Center

Dept. of Health. Mental Health Clinics:

MEDICAL CARE

Hawai'i HOME Project

Joint Outreach Center (JOC)

Koʻolauloa Health Center

Project Vision Hawai'i

Waimānalo Health Center

MENTAL HEALTH

Waikīkī Health

Kōkua Kalihi Vallev

Town/Leeward (CFS)	808-841-0822	
Hoʻola Na Pua Sex Trafficking Assistance		
and Prevention808-445-3131		

Aloha Medical Mission Clinic-Dental 808-847-3400 C.O.R.E. (Crisis, Outreach, Response, Engagement)

Hawai'i Health and Harm Reduction Center (HHHRC)

Wai'anae Coast Comp Health Center 808-697-3300

Hawai'i CARES (mental health, substance use crisis and support services, for unsheltered individuals)

Adult MH Division Eligibility Line 808-643-2643

808-528-7046

808-223-8859

808-791-6342

808-521-2437

808-791-9400

808-293-9231

1-800-316-8005

808-201-3937

808-922-4787

808-259-7948

808-832-3100

808-527-4470

808-768-2673(CORE)

Windward (PACT) Hotline/Crisis Counseling 808-526-2200

	000-320-220
EPIC – 'Ohana Conferencing (Chi	ild Abuse & Neglect)
	808-838-775
Family Peace Center (PACT)	808-832-085
Sex Abuse Treatment Center	808-524-727

DISPUTE RESOLUTION

The Mediation Center of the Pacific ____808-521-6767

DOMESTIC VIOLENCE SHELTERS

Child & Family Services	808-841-0822
PACT 'Ōhi'a Shelter	808-526-2200
PACT Trafficking Victim Assistance	Program
-	808-721-9614
Sex Abuse Treatment Services	808-543-8494

LANGUAGE NEEDS

Bilingual Access Line (Interpreter Services) 808-526-9724

ALCOHOL/DRUG

Alcoh	olics Anonymous	808-946-143
Cham	ip Clinic	808-426-451
Hawa	ii'i Health and Harm R	eduction Center (HHHRC)
		808-521-243
Kū Alo	oha Ola Mau	808-538-0704
		800-872-252
		808-696-421
		808-832-310

East Honolulu Treatment Svc Section

East Honolulu Treatment Svc Section	1
	808-733-9260
West Honolulu Treatment Svc Sectio	n <i>(adults)</i>
	808-832-5800
Kāne'ohe <i>(adults)</i>	808-233-3775
Central O'ahu Family Guide Center (Kāne'ohe)
	808-233-3770
Central Oʻahu Treatment Svc Sectior	1
	808-453-5950
Central Oʻahu Family Guidance Cent	er (Pearl Citv)
	808-453-5900
Honolulu Family Guidance Center	808-733-9393
Leeward O'ahu Family Guidance Cer	
Hale Na'au Pono — Wai'anae	
Helping Hands Hawai'i	808-440-3825
Hope Treatment Services	
808-638-4555.	808-638-4440
Institute for Human Services (IHS)	808-447-2924
Kahi Mohala Behavioral Health	808-671-8511
North Shore Mental Health	808-638-8700
Safe Haven, Mental Health Kōkua	808-524-7233
PET SERVICES	
Hawaiian Humane Society	

Hawaiian Humane Society	
(Animal Emergency/ Stray Pick Up)	808-356-2250
Pet Kokua	808-356-2225
K9 Kokua	808-284-4310
••••••	

Hina Mauka Kāne'ohe	808-236-2600
Hina Mauka Waipahu (outpatient)	808-671-6900
Hoʻomau Ke Ola	808-696-4266
Hope Treatment Services	
. 808-638-4440,	808-638-4555
Narcotics Anonymous	808-734-4357
Poʻailani	
Salvation Army Detox (ATS)	808-595-5819
Salvation Army Family/Women (FTS)	808-732-2802
Salvation Army Adult Males (ATS)	808-595-6371
Salvation Army (ARC)	808-522-8400
Sand Island Treatment Center	
Women In Need (Intensive Outpatient	Program
for Women & Men)	808-486-1996

STATE DHS BENEFITS: APPLICATION UNITS

Hawai'i Public Housing Authority Applications Office 808-832-5961

TANF, GA, Medicaid & SNAP

Kapolei Processing Center	808-692-8384
Koʻolau Processing Center (Luluku)	808-233-5325
Koʻolau Processing Center (Waikalua)	808-233-3621
KPT Processing Center	808-832-3822
OR&L Processing Center	808-586-8047
Pohulani Processing Center	808-587-5283
Wahiawā Processing Center	808-622-6315
Wai'anae Processing Center	808-697-7881
Waipahu Processing Center	808-675-0052

Poi Dogs & Pōpōkī (Wellness checks, Immunizations, Microchipping, Spay/Neuter Services) 808-551-7915

	808-551-7
••••••	

RENTAL ASSISTANCE

Catholic Charities Hawai'i	808-521-4357
Institute for Human Services (IHS)	
808-447-2819,	808-447-2862
Landlord Engagement Program	808-543-2212
Rent to Work	808-768-5727
Salvation Army (Community Asst. Ctr.)	808-841-5565

SHELTER: EMERGENCY

808-548-7478
808-754-9844
808-768-4668
808-447-2900
808-447-2800
808-744-4492
Health)
808-537-8330
808-782-4342
808-462-0280
808-498-5180
808-383-9498

EDUCATION

awaiianHope.org (Inexpensive & Free Computers / Tech)
808-352-8800
omeless Concerns Office, DOE (toll free)
1-866-927-7095

EMPLOYMENT

Alu Like – Dept. of Employment and 1	iraining
· · · · · · · · · · · · · · · · · · ·	808-535-6750
American Job Center (Dillingham)	808-768-5701
Catholic Charities Hawai'i Homeless	Veterans
	808-527-4986
Division of Vocational Rehabilitation	808-586-5164
Economic Development Center (PACT)	
Family Promise – WA'A (Working, Attai	ning, Achieving)
	808-548-7478
Goodwill Industries of Hawai'i	808-483-7172
HCAP-Na Lima Hana	808-521-4531
HCAP Senior Employment	808-521-4531
HI Disability Rights Center (Ticket to W	
	808-949-2922
HI State Unemployment Office	808-586-8970
IHS Hele2Work	808-447-2912
IHS Hele2Work Network Enterprises, Inc.	808-521-7774
U.S. VETS (Employment Assistance/Ve	teran Services)
	808-342-7493
5000	

FOOD

Helping Hands Hawai'i, Community Clearinghouse

SHELTER: TRANSITIONAL

Gregory House (HIV)	808-592-9022
Sea Winds – Single, Couples, Families	808-696-0061
RYSE (Youth ages 18-24)	808-498-5180
Safe Haven, Mental Health Kōkua	808-524-7233
THE SHELTER	808-468-1855

OUTREACH/DROP IN CENTERS

Achieve Zero	808-379-2532
Achieve Zero HawaiianHope.org • Internet Cafe –	Wai'anae
	808-352-8800
HHHRC/Hawai'i Health and Harm Red	duction Center
	808-723-1475
IHS, Institute for Human Services	808-447-2833
Kealahou West Oʻahu	808-696-5667
KPHC, Healthcare for the Homeless F	Project
	808-791-6370
Legal Aid Society of Hawaiʻi	808-536-4302
Living the Word	808-834-2823
Outreach in Waikīkī	808-208-9150
RYSE (Youth up to age 25)	808-498-5180
Safe Haven, Mental Health Kōkua	808-524-7233
Salvation Army Community Asst. Ctr.	808-841-5565
SNAP Outreach	808-440-3832
Wai'anae Coast Comp Health Center	808-697-3586
Waikīkī Business Improvement Distric	
(Waikīkī Outreach only)	808-208-9150
U.S. VETS (Available to All)	808-672-2977
Youth Outreach (YO!)	

(One Time/Emergency Needs)	808-440-3800
Hau'ula (Food Pantry, Ko'olauloa Res	sidents Only)
	808-888-0045
River of Life Mission	808-524-7656
Salvation Army Kauluwela Corps	808-521-6551
Call 211, check w/ outreach agencies or churches	

HEPATITIS B&C

Hawai'i Health and Harm Reduction	Center (HHHRC)
	808-521-2437
Hep Free Hawaiʻi	808-436-5884

HIV/AIDS

HYGIENE SERVICES	
Waikīkī Health	808-922-4787
	808-521-2437
Hawai'i Health and Harm Reduction	on Center (HHHRC)
Gregory House Programs	808-592-9022

HiEHiE (Mobile Showers/Restrooms)	808-201-3937
Pūnāwai Rest Stop (Laundry & Show	
	808-599-9750
Revive + Refresh (Mobile Hygiene Ce	nter)
	808-779-6738
River of Life Mission	
Safe Haven	808-524-7233
LEGAL	
Community Outroach Court	000 247 2551

Community Outreach Court	808-347-2551
Legal Aid Society of Hawai'i	808-536-4302

VETERANS' SERVICES

2nd Chance Group Home LLC	
Female	808-554-9950
Male	808-354-2098
Catholic Charities Hawai'i Supportive	Services for Veteran
Families (SSVF)	808-527-4986
Cloudbreak Hawai'i, LLC Permanent H	lousing
(Service Enriched Affordable Housin	g for Veterans)
	808-682-1949
Hawai'i Vet 2 Vet	808-462-3286
HawaiianHope.org	
(Inexpensive & Free Computers / Teo	h)
	808-352-8800
IHS Veteran Support Program	808-447-2916
Network Enterprises, Inc. (Employment	nt)
	808-521-7774
U.S. VETS (Outreach, housing, suppor	t)
	, 808-630-0771
VA Health Care for the Homeless	
(Outreach, medical, & mental health	i services)
	808-433-0357
VA Call Center (SATP, MH, & Medical A	ppointments)
	-800-214-1306
Veterans Suicide Hotline 1	-800-273-8255

Paid for by the taxpayers of the City & County of Honolulu and the Mayor's Office of Housing *Revised September 2022*

Shelf-Stable Foods	Shelf Life After Code Date
Delve Food	
Baby Food	Evaluation data an nackage
Cereal: dry mixes	Expiration date on package
Food in Jars, cans	Expiration date on package
Formula	Expiration date on package
Juice	1 year
Canned Food	
Beans	3 years
Fish: salmon, tuna, sardines, mackerel	3 years
Frosting, canned	10 months
High-acid foods	
- fruit (including applesauce, juices)	
- pickles, sauerkraut	1-2 years
- baked beans w/mustard/vinegar	
- tomatoes, tomato-based soups & sauces	
Low-acid foods	
- gravy, soups/broths that aren't tomato-based	
- pasta, stews, cream sauces	2-3 years
- vegetables (not tomatoes)	
Meat: beef, chicken, pork, turkey	2-3 years
Pie filling	3 years
	· ·
Condiments, Sauces, Syrups	
UHT milk	
Broth: beef, chicken or vegetable	
Soup	
Fruits	
Vegetables	
Condiments, Sauces, Syrups	
Barbeque sauce (bottled)	1 year
Frosting, canned	10 months
Gravy (dry mix envelopes)	2 years
	2 yearsremains safe after crystallization. To use,
	simply immerse closed container in hot (not boiling)
Honey	water until honey liquifies
Jams, jellies, preserves	18 months
Ketchup, cocktail, or chili sauce: jar, bottle, or packet	18 months
Mayonaise,: jar, bottle or packet	3-6 months
Molasses	2 years
Mustard: jar, bottle or packet	2 years
Olives	18-24 months
	1 year canned
	2 years, jarreddiscard if inside of lid is rusty open
Pickles	opening
Salad dressings: bottled	1 year

Shelf-Stable Foods (continued)	Shelf Life After Code Date		
Condiments, Sauces, Syrups (continued)			
Spaghetti sauce, canned	18 months		
Spaghetti sauce, jarred	18 months		
Syrup, chocolate	2 years		
Syrup, corn	2 years		
Syrup, pancake	2 years		
Vinegar	2 years		
Worcestershire sauce	2 years		
Dry Goods			
Baking Mix, pancake	9 months		
Baking mixes (brownie, cake, muffin, etc.)	12-18 months		
Baking powder	18 months		
Baking soda	indefinite if kept dry		
Beans, dried	1 year		
Bouillon: beef or chicken	12-24 months		
Bouillon: vegetable	12-24 months		
Bread , commercially prepared (including rolls)	3-5 days		
Cakes, commercially prepared	3-5 days at room temp		
	3 months stored frozen		
	9 months, caramel		
Candy (all, including chocolate)	18 months, chocolate		
	36 months, hard candy		
Casserole Mix	9-12 months		
Cereal, cold	1 year		
Cereal, hot	1 year		
Cookies	4 months		
Cornmeal	1 year at room temp 2+ years frozen		
	8 months		
Crackers			
Flour, white (all purpose or cake)	Except graham crackers, 2 months		
	1 year		
Flour, whole wheat Fruit, dried	6 months (keeps longer if refrigerated or frozen)		
Macaroni and Cheese, mix	6 months (keeps longer if refrigerated or frozen) 6-12 months		
	6-12 months, bagged		
Nuts, out of shell	12-24 months, canned		
	6-12 months, bagged		
Nuts, in shell	12-24 months, canned		
Oatmeal	12 months		
Oil, olive, vegetable , salad	6 months		
Pasta, dry (egg noodle)			
Pasta, dry (no egg)	2-3 years		
Peanut Butter	2-3 years 18 months		
Popcorn, kernels	2 years		
Popcorn, commercially popped and bagged	2-3 months		
Popcorn, microwave packets	1 year		
i opcom, microwave packets	1 9001		

Shelf-Stable Foods (continued)	Shelf Life After Code Date		
Dry Goods (continued)			
Potatoes, mashed, instant flakes	1 year		
Pretzels	6-8 months		
Pudding, prepared/shelf stable	1 week		
Rice, brown	1 year		
Rice, white	2 years		
Rice-based mixes	6 months		
Shortening, vegetable	8-12 months		
	up to 4 years, whole spices		
	up to 2 years, ground spices		
Spices	Spices lose flavor over time but remain safe to use		
	indefinitely		
Stuffing mix	9-12 months		
Sugar, brown (light or dark)	18 months		
Sugar, confectioners	18 months		
Sugar, white	2+ years		
Sugar substitute	2 years		
	6 months, fruit		
Toaster pastries	9 months, no fruit		
	3 months, shelf or refrigerator 6		
	months, freezer		
Tortillas	Do not use if they develop mold or harden		
Shelf -Stable Beverages			
Cocoa Mixes	36 months		
Coffee Creamer, liquid shelf stable	9-12 months		
Coffee creamer, powdered	2 years		
Coffee, ground	2 years		
	z years		
Coffee, instant	1-2 years		
Coffee, instant Coffee, whole bean			
	1-2 years		
Coffee, whole bean	1-2 years 1 year, vauum packed		
Coffee, whole bean Instant breakfast	1-2 years 1 year, vauum packed 6 months		
Coffee, whole bean Instant breakfast Juice, bottle, shelf-stable	1-2 years 1 year, vauum packed 6 months 9 months		
Coffee, whole bean Instant breakfast Juice, bottle, shelf-stable Juice, box	1-2 years 1 year, vauum packed 6 months 9 months 4-6 months		
Coffee, whole bean Instant breakfast Juice, bottle, shelf-stable Juice, box Juice, canned	1-2 years 1 year, vauum packed 6 months 9 months 4-6 months		
Coffee, whole bean Instant breakfast Juice, bottle, shelf-stable Juice, box Juice, canned Juice concentrate, shelf-stable	1-2 years 1 year, vauum packed 6 months 9 months 4-6 months 18 months		
Coffee, whole bean Instant breakfast Juice, bottle, shelf-stable Juice, box Juice, canned Juice concentrate, shelf-stable Milk, evaporated	1-2 years 1 year, vauum packed 6 months 9 months 4-6 months 18 months 1 year		
Coffee, whole bean Instant breakfast Juice, bottle, shelf-stable Juice, box Juice, canned Juice concentrate, shelf-stable Milk, evaporated Milk, non-fat dry	1-2 years 1 year, vauum packed 6 months 9 months 4-6 months 18 months 1 year 1 year 1 year		
Coffee, whole bean Instant breakfast Juice, bottle, shelf-stable Juice, box Juice, canned Juice concentrate, shelf-stable Milk, evaporated Milk, non-fat dry Milk-shelf stable UHT	1-2 years 1 year, vauum packed 6 months 9 months 4-6 months 18 months 1 year 1 year 1 year 6 months		
Coffee, whole bean Instant breakfast Juice, bottle, shelf-stable Juice, box Juice, canned Juice concentrate, shelf-stable Milk, evaporated Milk, non-fat dry Milk-shelf stable UHT Milk, sweetened condensed	1-2 years 1 year, vauum packed 6 months 9 months 4-6 months 18 months 1 year 1 year 1 year 6 months 1 year		
Coffee, whole bean Instant breakfast Juice, bottle, shelf-stable Juice, box Juice, canned Juice concentrate, shelf-stable Milk, evaporated Milk, non-fat dry Milk-shelf stable UHT Milk, sweetened condensed Nutrional aid supplements (Boost, Ensure, etc.)	1-2 years 1 year, vauum packed 6 months 9 months 4-6 months 18 months 1 year 1 year 1 year 6 months 1 year 1 year 1 year		
Coffee, whole bean Instant breakfast Juice, bottle, shelf-stable Juice, box Juice, canned Juice concentrate, shelf-stable Milk, evaporated Milk, non-fat dry Milk-shelf stable UHT Milk, sweetened condensed Nutrional aid supplements (Boost, Ensure, etc.)	1-2 years 1 year, vauum packed 6 months 9 months 4-6 months 18 months 1 year 1 year 1 year 6 months 1 year 1 year 1 year 6 months 1 year 1 year		
Coffee, whole bean Instant breakfast Juice, bottle, shelf-stable Juice, box Juice, canned Juice concentrate, shelf-stable Milk, evaporated Milk, non-fat dry Milk-shelf stable UHT Milk, sweetened condensed Nutrional aid supplements (Boost, Ensure, etc.) Rice milk, shelf stable	1-2 years 1 year, vauum packed 6 months 9 months 4-6 months 18 months 1 year 1 year 1 year 6 months 1 year 1 year 5 months 3 months, bottles (all)		
Coffee, whole bean Instant breakfast Juice, bottle, shelf-stable Juice, box Juice, canned Juice concentrate, shelf-stable Milk, evaporated Milk, non-fat dry Milk-shelf stable UHT Milk, sweetened condensed Nutrional aid supplements (Boost, Ensure, etc.) Rice milk, shelf stable	1-2 years 1 year, vauum packed 6 months 9 months 4-6 months 18 months 1 year 1 year 1 year 6 months 1 year 1 year 3 months, bottles (all) 3 months, diet (cans)		
Coffee, whole bean Instant breakfast Juice, bottle, shelf-stable Juice, box Juice, canned Juice concentrate, shelf-stable Milk, evaporated Milk, non-fat dry Milk-shelf stable UHT Milk, sweetened condensed Nutrional aid supplements (Boost, Ensure, etc.) Rice milk, shelf stable Carbonated beverages (soda/seltzer water)	1-2 years 1 year, vauum packed 6 months 9 months 4-6 months 18 months 1 year 1 year 1 year 6 months 1 year 1 year 1 year 3 months, bottles (all) 3 months, diet (cans) 9 months, regular soda or seltzer (cans)		

Shelf-Stable Foods	Shelf Life After Code Date	
Shelf -Stable Beverages (continued)		
Water	indefinite: store in cool, dark place away from chemicals	
Water, flavored	indefinite: store in cool, dark place away from chemicals	

Frozen Foods	Frozen (0°F or below)		
Bread, bagels	3 months		
Chicken, nuggets/patties	2 months		
Desserts, frozen baked goods	3-4 months		
Desserts, frozen cream pies	1-2 months		
Desserts, frozen fruit pies	6-8 months		
Dinners, pies, casseroles, shrimp, ham. Pork or			
sausage	3-4 months		
Dinners: beef, turkey, chicken, or fish	6 months		
Dough broad	1 month, longer storage inactivaes yeast,		
Dough, bread	weakens gluten		
Dough, cookie	3 months		
Pastourized eggs in carton	1 year, purchased frozen, unopened, never		
Pasteurized eggs in carton	thawed		
Fish, breaded	4-6 months		
Ice Pops	6 months		
Fruit, frozen	4 months		
Ice cream	2-4 months		
Juice concentrate	1 years		
Soy meat substitues	12-18 months		
Vegetables	8 months		
Waffles, pancakes	2 months		
Whipped topping, non dairy tub	6 months		

Meats	Refrigerated (40°F or below)	Frozen (0°F or below)
Fish/Seafood: Uncooked		
Fatty fish (salmon, mackerel, perch, bluefish)	n/a	3-6 months
Lean fish (cod, flounder, sole, haddock, pollock)	n/a	12 mnths
Shrimp, raw	n/a	9 months
Crab, canned	n/a	Do not freeze
Crab, legs	n/a	9-12 months
Oysters, shucked	n/a	3-4 months
Lobster Tailes raw	n/a	6-9 months
Scallops, raw	n/a	3-6 months
Fish/Seafood: Cooked		
Fatty fish (salmon, mackerel, perch, bluefish)	n/a	3-6 months
Lean fish (cod, flounder, sole, haddock, pollock)	n/a	3-6 months
Shrmip and other Shellfish	n/a	3-6 months
Meats, Raw		
Beef Roasts	n/a	1 year
Beef Steaks	n/a	1 year
Pork Roasts	n/a	1 year
Pork Chops	n/a	1 year
Lamb Roasts	n/a	1 year
Lamb Steaks/Chops	n/a	1 year
Poultry: Chicken or Turkey, whole cuts	n/a	1 year
Ground Meats (beef, pork, lamb or poultry)	n/a	9-12 months
Meats, Processed		
Bacon, unopened	2 weeks	6 months
Bacon, opened	1 week	2 months
Chicken, Fried	4 days	4 months
Chicken, Nuggets/Patties	2 days	3 months
Ham, unopened	2 weeks	1 year
Ham, opened	1 week	1-2 months
Hot Dogs, unopened	2 weeks	9 months
Luncheon meats, deli slice or opened	3-5 days	Do not freeze
Luncheon meats, unopened commerical package	2 weeks	1-2 months
Pepperoni, Salami	1 month	6 months
Sausage, raw	2 days	6 months
Sausage, smoked links or patties	1 week	9 months

Dairy and Cooler Items	Refrigerated (40°F or below)	Frozen (0°F or below)
Butter	2-3 months	1 year
Buttermilk	10-14 days	Freezes poorly
Cheese Trays	2 weeks	Do not freeze
Cheese, Cottage	10-15 days	Freezes poorly
Cheese, Cream	2 weeks	Freezes poorly
Cheese, hard	6 months	6-8 months
Cheese, soft	1-2 weeks	6 months
Cheese, processed	3-4 weeks	6 months
Coffee Creamer , liquid refrigerated	3 weeks	Follow instructions on package
Cream, Half & Half	3-4 days	4 months, use for cooking
Creare Hanni		3-4 months, shake upon thawing to loosen; use
Cream, Heavy	10 days	for cooking
Cream, Light	1 week	3-4 mopnths, use for cooking
Crust, pie or pizza ready to bake	Sell-by date	2 months
Dips, made with sour cream	2 weeks	Do not freeze
Dough, niscuit	Sell-by date	Do not freeze
Dough, bread or pizza	Sell-by date	Do not freeze
Dough, cookie	Sell-by date	2-3 months
Eggs, in shell	4-5 weeks	Do not freeze
Eggs, pasteurized carton egg substitute, unopened	10 days	1 year
Eggs, pasteurized carton real eggs. Unopened	10 days	1 year
Juice, purchase refrigerated	3 weeks	8-12 months
**MINUTE MAID/TROPICANA - CANNOT DISTRIBUTE		
AFTER EXPIRATION DATE.		
Margarine	6 months	12 months
Milk (not shelf stable)	1 week	1-3 months, use for cooking
Pudding, purchased refrigerated	1-2 days	Do not freeze
Salad dressing, refrigerated packets	3 months	Do not freeze
Sour cream	2-3 weeks	Do not freeze
Whipped cream, aerosol	3-4 weeks	Do not freeze
Whipped topping, aerosol	3 months	Do not freeze
Whipped topping, non-dairy tub	2 weeks	14 months; do not freeze once thawed
Yogurt	10-14 days	1-2 months

Prepared Items/Deli Food	Refrigerated (41°F or below)	Frozen (0°F or below)
Chicken, Roasted or Fried	3-4 days	4-6 months
Fruit, cut	Best By Date	Do Not Freeze
Guacamole	5-7 days	6 months
Hummus, Pasturized	3 months	Do Not Freeze
Hummus, with Preservatives	2 months	Do Not Freeze
Hummus, traditional (no preservatives, not pasteurized)	7 days	Do Not Freeze
Main dishes, meals	3-4 days	2-3 months
Meats in gravy or broth (including meat pies)	1-2 days	6 onths
Pasta, fresh	1 week	1 month
Salads, prepared (macaroni, egg, potato, chicken, tuna, etc.)	3-5 days	Do Not Freeze
Sauces, Egg-Based (Hollandaise, etc.)	10 days	Do Not Freeze
Side dishes, cooked vegetables	3-4 days	1-2 months
Side dishes, potato-based (not salad)	3-4 days	1-2 months
Side dishes, rice	3-4 days	1-2 months
Soups, Stews	2-3 days	4-6 Months
Spinach, salad greens (bagged)	Date on bag	Do Not Freeze