Hawai'i Foodbank, Inc.
Food Assistance Handout (O'ahu)

Updated 11/20/2026 @ 8:00 a.m.

This list changes frequently, so please refer to our website for the most up-to-date information: ***https://hawaiifoodbank.org/get-help/find-food/***

Hawai'i Foodbank stores mass quantities of food in our warehouses so that it can be distributed through our non-profit and community agency partners.
Please see below for a list of organizations that are able to help you through this difficult time. ***All distribution dates/times are subject to change. While Supplies Last.***
For access to additional services, please call Aloha United Way at ***2-1-1*** .

"Additional Programs" column listed on the Emergency Food Assistance Handout identifies other services and resources offered at that specific agency partner location.

When visiting a participating ***The Emergency Food Assistance Program (TEFAP)*** or ***Temporary Assistance for Needy Families (TANF)*** agency partner, you will be screened for eligibility based on household size and income. ***TEFAP*** and ***TANF*** have separate eligibility requirements. Income is self-declared, and no documentation is required.
Individuals who do not meet the eligibility requirements may still receive non-governmental foods, which are available to all.

Neighbor Connector is a secure online intake tool and database developed by Feeding America, the national network of food banks.
Please note that enrollment in Neighbor Connector does not exclude any neighbor from receiving food assistance. Food remains accessible to all.
Please visit ***www.hawaiifoodbank.org/connector/*** for more information.

SNAP Assistance – The Supplemental Nutrition Assistance Program (SNAP) provides monthly financial benefits to eligible individuals and families to help purchase groceries and nutritious food.
Hawai'i Foodbank can assist with SNAP pre-screening and rec-ertification support to help determine eligibility and guide you through the application or renewal process.
Please visit ***www.hawaiifoodbank.org/get-help/snap*** or call ***808-954-7893*** for more information.

Food Pantry

Zip Code (Area)	Distribution Site Name	Distribution Address	Contact	Days of Operation	Hours of Operation	Additional Programs
96701 (Central Oahu)	Aiea 7th Day Adventist Church	99-005 Moanalua Rd. Aiea, HI 96701	(808) 488-9855	Saturdays or by appt	8:00am - 9:00am or call to schedule appt	*TEFAP*
96701 (Central Oahu)	St. Elizabeth Catholic Church	99-312 Moanalua Rd. Aiea, HI 96701	(808) 487-2414	Thursdays	4:30pm - 6:00pm	*Neighbor Connector*
96701 (Central Oahu)	St. Timothy's Episcopal Church	98-939 Moanalua Rd. Aiea, HI 96701	(808) 488-5747	Tuesdays	4:30pm - 6:00pm	*TEFAP* *Neighbor Connector*
96701 (Central Oahu)	Wellspring Covenant Church	99-860 Iwaena St. Aiea, HI 96701 Suite B	(808) 484-8880	Last Sundays or by appt.	11:30am - 1:30pm	*TEFAP*
96706 (Central Oahu)	Hawaiian Humane Society **Pet Food Only.**	91-1945 Fort Weaver Rd. Ewa Beach, HI 96706	(808) 356-2222	Sundays & Wednesdays	10:00am - 1:00pm	
96706 (Central Oahu)	Immaculate Conception Church	91-1298 Renton Rd. Ewa Beach, HI 96706	(808) 681-3701	Fridays (Except 1st Friday is 'Ohana Produce Plus w/ Different Hours)	4:00pm - 6:00pm	*TEFAP* *Neighbor Connector*
96706 (Central Oahu)	Our Lady of Perpetual Help	91-1004 North Rd. Ewa Beach, HI 96706	(808) 689-8681	Last Saturday	9:00am - 11:00am	*TEFAP* *Neighbor Connector*
96707 (Central Oahu)	Kapolei Samoa - Tonga SDA Church	91-1037 Lexington St. Kapolei, HI 96707	(808) 590-1846	Saturdays	2:00pm -4:00pm	*TEFAP* *Neighbor Connector*

Zip Code (Area)	Distribution Site Name	Distribution Address	Contact	Days of Operation	Hours of Operation	Additional Programs
96707 (Central Oahu)	St. Jude Catholic Church	92-455 Makakilo Dr. Kapolei, HI 96707	(808) 672-8669	Tuesdays	New clients: 1:00pm Distribution: 1:30 - 3:30pm **While Supplies Last**	*TEFAP* *TANF*
96712 (North Shore)	St. Michael Parish Outreach	67-340 Haona St. Waialua, HI 96791	(808) 637-4040	2nd & 4th Mondays or by appt	8:30am - 10:30am or call to schedule appt	*TEFAP* *Neighbor Connector*
96712 (North Shore)	Private Sector Hawaii **By Appt Only.**	Haleiwa, HI 96712	(808) 638-9627	Monday Delivery (**ONLY in the 96712 area)** by appt only	1:00pm - 5:00pm Call to schedule appt	*TEFAP*
96712 (North Shore)	Sunset Beach Christian Church	59-578 Kamehameha Hwy. Haleiwa, HI 96712	(808) 638-0019	Tuesdays	12:00pm - 1:30pm	*TEFAP* *Neighbor Connector*
96717 (Windward Coast)	Hui O Hau'ula	54-010 Kukuna Rd. Hauula, HI 96717		Monday, Wednesday, Friday (1st Monday closed)	9:00am - 12:00pm	*TEFAP* *TANF* *Neighbor Connector*
96734 (Windward Coast)	Armed Services YMCA (Marine Corps Base Hawaii) **Military access required.**	455 Bingham Way Kailua, HI 96734	(808) 254-4719	Monday - Friday	8:00am - 3:00pm **Military access required.**	*TEFAP*
96734 (Windward Coast)	Residential Youth Serivces and Empowerment (RYSE)	42-470 Kalanianaole Hwy. Bldg 6 Kailua, HI 96734	(808) 498-5180	7 days a week	8:00am - 8:00pm	*TEFAP* *Neighbor Connector*
96734 (Windward Coast)	Central Union Church Windward	38 Kaneohe Bay Dr. Kailua, HI 96734		Wednesdays	9:00am - 10:00am	*TEFAP* *Neighbor Connector*
96734 (Windward Coast)	St. Anthony's Outreach	114 Makawao St. Kailua, HI 96734	(808) 266-2227	Tuesdays & Thursdays	9:00am - 12:00pm	*TEFAP*
96744 (Windward Coast)	First Assembly of God Windward	47-323 Ahuimanu Rd. Kaneohe, HI 96744		Sundays	9:30am - 12:30pm	*TEFAP*
96744 (Windward Coast)	Our Lady of Mount Carmel Church	48-422 Kamehameha Hwy. Kaneohe, HI 96744	(808) 239-9269	Wednesdays & Last Thursdays	10:00am - 12:00pm	*TEFAP* *Neighbor Connector*
96744 (Windward Coast)	The Salvation Army Kaneohe	45-175 Waikalua Rd. Kaneohe, HI 96744	(808) 235-1408	Tuesdays	9:00am - 12:00pm	*TEFAP*
96744 (Windward Coast)	Giving Hope Hawaii **By Appt Only.**	46-158 Kahuhipa St. Kaneohe, HI 96744	(808) 620-2537	Monday - Friday by appt only	Call or schedule appt online: *www.givinghopehawaii.org/food-assistance*	*TEFAP* *TANF* *Neighbor Connector*
96744 (Windward Coast)	KEY Project	47-200 Waihee Rd. Kaneohe, HI 96744	(808) 239-5777	Monday - Friday	8:00am - 4:00pm	*TEFAP* *Neighbor Connector*
96744 (Windward Coast)	St. Ann's Church **By Appt Only.**	46-129 Haiku Rd. Kaneohe, HI 96744	(808) 247-3092 ext. 123	Monday - Friday by appt only	1:00pm Call to schedule appt	*Neighbor Connector*
96744 (Windward Coast)	St. Mark Lutheran Church	45-725 Kamehameha Hwy. Kaneohe, HI 96744	(808) 247-4565	Saturdays	8:00am - 10:00am	*TEFAP* *Neighbor Connector*
96786 (Central Oahu)	First Assembly of God Wahiawa	300 Wilikina Dr. Wahiawa, HI 96786	(808) 836-2300	Last Saturdays	12:00pm - 2:00pm	*TEFAP* *TANF*
96786 (Central Oahu)	Our Lady of Sorrows	1403 California Ave. Wahiawa, HI 96786	(808) 621-5109	Last Saturday	9:00am - 11:00am	*TEFAP* *TANF*
96786 (Central Oahu)	Wahiawa 7th Day Adventist Church	1313 California Ave. Wahiawa, HI 96786	(808) 622-3440	Last Sunday	9:00am - 11:00am	*TEFAP*
96786 (Central Oahu)	Armed Services YMCA (Schofield Barracks/Wheeler) **Military access required.**	1262 Santos Dumont Ave. Bldg. 122 Wahiawa, 96786	(808) 624-5645	Monday - Friday	8:00am - 3:00pm **Military access required.**	*TEFAP*

Zip Code (Area)	Distribution Site Name	Distribution Address	Contact	Days of Operation	Hours of Operation	Additional Programs
96786 (Central Oahu)	New Life Body of Christ Christian Church	74 S. Kamehameha Hwy. Wahiawa, HI 96786	(808) 622-6650	Tuesdays & Thursdays	9:00am - 12:00pm	***TEFAP*** ***Neighbor Connector***
96786 (Central Oahu)	Surfing the Nations	64 Ohai St. Wahiawa, HI 96786		Thursday, Friday, Saturday	1:00pm - 4:30pm	***TEFAP*** ***Neighbor Connector***
96789 (Central Oahu)	Voice of God Ministries **By Appt Only.**	233 Akamainui St. Mililani, HI 96789	(808) 622-2635	Thursdays	11:00am - 1:00 pm Call to schedule appt	***TEFAP*** ***TANF***
96792 (Leeward Coast)	Waianae Baptist Church	85-131 Ala Hema St. Waianae, HI 96792	(808) 696-4374	Wednesdays	7:00am - 10:00am	***TEFAP*** ***TANF***
96792 (Leeward Coast)	ʻElepaio Social Services **For Kūpuna Only:** **Must be age 60+**	Learning Center @ Maili 87-790 Kulauka St. Waianae, HI 96792	(808) 697-3526	Mondays	10:00am - 12:00pm	***TEFAP*** ***TANF***
96792 (Leeward Coast)	ʻElepaio Social Services **For Kūpuna Only:** **Must be age 60+**	Waianae Elementary 85-220 McArthur St. Waianae, HI 96792	(808) 697-3526	Wednesdays	10:00am - 12:00pm	***TEFAP*** ***TANF***
96792 (Leeward Coast)	ʻElepaio Social Services **For Kūpuna Only:** **Must be age 60+**	Hoa Aina O Makaha 87-766 Lahaina St. Waianae, HI 96792	(808) 697-3526	Thursdays ***Closed 11/26/2026***	10:00am - 12:00pm	***TEFAP*** ***TANF***
96792 (Leeward Coast)	ʻElepaio Social Services **For Kūpuna Only:** **Must be age 60+**	QLT Nanakuli 87-1876 Farrington Hwy. Waianae, HI 96792	(808) 697-3526	Fridays ***Closed 11/27/2026***	10:00am - 12:00pm	***TEFAP*** ***TANF***
96792 (Leeward Coast)	Ka Hana O Ke Akua UCC **By Appt Only.**	86-311 Lualualei Homestead Rd. Waianae, HI 96792	(808) 696-5652	Monday - Wednesday by appt only	9:00am - 2:00pm Call to schedule appt	***TEFAP***
96792 (Leeward Coast)	Paradise Chapel	87-125 Maipalaoa Rd. Waianae, HI 96792	(808) 668-1588	Wednesdays	7:00am - 9:00am	***TEFAP***
96792 (Leeward Coast)	St. Rita's Church	89-318 Farrington Hwy. Waianae, HI 96792	(808) 668-7833	Wednesdays	9:30am - 11:30am *"Whiles supplies last"*	***TEFAP***
96792 (Leeward Coast)	Waianae Wags **Pet Food Only.** **By Appt Only.**	85-786 Farrington Hwy. Waianae HI 96792	(808) 754-7187	By appt only	10:00am - 12:00pm Call to schedule appt	
96795 (Windward Coast)	St. Matthew's Episcopal Church	41-054 Ehukai St. Waimanalo, HI 96795	(808) 699-0221	2nd & 4th Saturdays or by appt. Text ONLY during business hours.	10:00am- 12:00pm	***TEFAP***
96797 (Central Oahu)	Brethren of Christ International	94-133 Pahu St. Waipahu HI 96797	(808) 676-4673	Sundays by appt appts can be scheduled by calling Monday - Friday between 8:00 am - 12:00 pm	4:30pm - 5:30pm or call to schedule appt	***TEFAP***
96797 (Central Oahu)	Calvary Chapel Pearl Harbor	94-1044 Waipio Uka St. Waipahu, HI 96797	(808) 372-6753 (808) 295-1669	1st Saturday	8:00am - 10:00am	***TEFAP*** ***Neighbor Connector***
96797 (Central Oahu)	Inspire Church **By Appt Only.**	94-877 Lumiaina St. Bldg 12 Waipahu, HI 96797	(808) 677-8844	Thursday, Saturday, Sunday by appt only	Thursday: 9:30am - 4:30pm Saturday: 4:45pm - 6:15pm Sunday: 8:00am - 1:15pm Call to schedule appt	***TEFAP***
96797 (Central Oahu)	Jesus Reigns Ministries	94-325 Mokuola St. Waipahu, HI 96797	(808) 358-5889	1st Saturday or by appt	9:00am - 11:00am or call to schedule appt	***TEFAP*** ***Neighbor Connector***
96797 (Central Oahu)	New Hope Kapolei Ministry Center	94-199 Leonui St. Waipahu, HI 96797	(808) 680-9669	3rd Saturday or by appt Tuesday - Saturday	10:30am - 12:30pm or call to schedule appt	***TEFAP*** ***Neighbor Connector***

Zip Code (Area)	Distribution Site Name	Distribution Address	Contact	Days of Operation	Hours of Operation	Additional Programs
96797 (Central Oahu)	St. Joseph Church	94-675 Farrington Hwy. Waipahu, HI 96797	(808) 676-3493	2nd Tuesday or by appt	2:30pm - 5:00pm or call to schedule appt	***TEFAP***
96797 (Central Oahu)	Waipahu Seventh-Day Adventist	94-902 Awanei St. Waipahu, HI 96797		3rd Saturday	2:00pm - 4:00pm	***TEFAP***
96813 (Honolulu)	Church of God Prophecy @ Stevenson Rec Center	1202 Prospect St. Honolulu, HI 96813	(808) 741-0745	2nd Sunday & 3rd Saturday	10:00am ***While Supplies Last***	***TEFAP*** ***Neighbor Connector***
96813 (Honolulu)	Honolulu Fil-am S.D.A Church	2232 Kanealii Ave. Honolulu, HI 96813	(808) 384-5850	1st & 3rd Sunday or by appt ***Temporarily Closed***	9:00am - 1:00pm or call to schedule appt ***Temporarily Closed***	***TEFAP*** ***TANF***
96813 (Honolulu)	HOPE **By Appt Only.**	1132 Bishop Street Honolulu, HI 96813	(808) 493-3063	Monday - Saturday by appt ONLY during business hours	9:00am- 4:00pm	***TEFAP*** ***Neighbor Connector***
96814 (Honolulu)	First United Methodist Church	1020 S. Beretania St. Honolulu, HI 96814	(808) 522-9555	Mondays & 1st Saturday	2:00pm - 4:00pm	***TEFAP*** ***Neighbor Connector***
96814 (Honolulu)	Full Gospel of Oahu	1680 Kapiolani Blvd. Honolulu, HI 96814	(808) 942-0854	Sundays	8:30am - 1:00pm	***TEFAP***
96816 (East Honolulu)	Kapiolani Community College - Pohukaina Food Pantry **Online registration only.**	4303 Diamond Head Rd. `iliahi 231 Honolulu, HI 96816 (Parking in lower Lot B.)		Thursdays ***Closed for Summer***	2:00pm - 5:00pm Visit ***go.hawaii.edu/3Ss*** to register online ***Closed for Summer***	***Neighbor Connector***
96816 (East Honolulu)	Waikiki Community Center	310 Paoakalani Ave. Honolulu, HI 96816	(808) 923-1802	Tuesdays	1:00pm - 2:00pm	***TEFAP*** ***SNAP Assistance***
96817 (Honolulu)	Cedar Assembly of God	620 Waipa Ln. Honolulu, HI 96817	(808) 379-0257	2nd & 3rd Tuesdays	8:00am - 9:00am	***TEFAP***
96817 (Honolulu)	Co-Cathedral of St. Theresa	712 N School St. Honolulu, HI 96817	(808) 521-1700	Tuesdays & Thursdays 2nd & 3rd Saturdays	1:00 - 3:00 pm 9:00 - 11:00am	***TEFAP***
96817 (Honolulu)	Kaumakapili Church	766 N King St. Honolulu, HI 96817	(808) 845-0908	Wednesdays	9:00am - 11:00am	***TEFAP***
96817 (Honolulu)	St. Elizabeth's Episcopal Church	720 North King St. Honolulu, HI 96817		Monday - Friday Saturday	8:00am - 12:00pm 8:00am	***TEFAP*** ***TANF***
96817 (Honolulu)	Su Gran Alabanza	701 N King St. Honolulu, HI 96817	(808) 843-8082	1st & 3rd Wednesdays	10:30am - 12:00pm	
96817 (Honolulu)	Palama Settlement	810 N. Vineyard Blvd. Honolulu, HI 96817	(808) 848-2529	Monday, Tuesday, Thursday, Friday by appt only	9:00am - 2:00pm Call to schedule appt	***TEFAP*** ***TANF*** ***Neighbor Connector***
96817 (Honolulu)	River of Life Mission	101 N. Pauahi St. Honolulu, HI 96817		2nd & 4th Friday	10:30am - 3:00pm	***TEFAP***
96817 (Honolulu)	The Salvation Army Family Services Office	296 N Vineyard Blvd. Honolulu, HI 96817	(808) 521-6551	Mondays & Wednesdays	12:30pm - 2:30pm	***TEFAP***
96818 (Honolulu)	Church of Christ at Pearl Harbor	515 Main St. Honolulu, 96818	(808) 292-0656	3rd Saturday or by appt	9:00am - 10:30am or call to schedule appt	***TEFAP*** ***TANF***
96819 (Honolulu)	Parents And Children Together- KPT Family Center	1485 Linapuni St. Suite 103 Honolulu, HI 96819	(808) 841-6177	Monday, Wednesday, Friday	8:30am - 4:00pm	
96819 (Honolulu)	The Pantry by Feeding Hawaii Together ***By Appt Only.***	2522 Rose St. Honolulu, HI 96819	(808) 888-0778		Visit ***thepantry.org*** to schedule appt	***TEFAP*** ***TANF***

Zip Code (Area)	Distribution Site Name	Distribution Address	Contact	Days of Operation	Hours of Operation	Additional Programs
96819 (Honolulu)	First Assembly of God Red Hill	3400 Moanalua Rd. Honolulu, HI 96819	(808) 836-2300	Tuesday - Friday by appt only	9:00am -5:00pm Call to schedule appt	***TEFAP***
96819 (Honolulu)	New Hope International Ministries @ Pacific Rim Christian University	290 Sand Island Access Rd. Honolulu, HI 96819	(808) 842-4242 ext. 327	3rd Saturday or by appt	8:00am - 10:00am or call to schedule appt	***TEFAP*** ***Neighbor Connector***
96819 (Honolulu)	Susannah Wesley Community Center	1117 Kaili St. Honolulu, HI 96819	(808) 847-1535	Tuesdays & Thursdays	12:00pm - 2:00pm	***TEFAP*** ***TANF*** ***Neighbor Connector***
96821 (East Honolulu)	Angel Network Charities	5339 Kalanianaole Hwy. Honolulu, HI 96821	(808) 377-1841	2nd, 4th, 5th Fridays	10:00am - 12:00pm	***TEFAP***
96822 (Honolulu)	St. Pius X Parish	2821 Lowrey Ave. Honolulu, HI 96822	(808) 988-3308	Tuesdays & Fridays	10:00am - 11:30am	***TEFAP*** ***TANF***
96822 (Honolulu)	The Parish of St. Clement	1515 Wilder Ave. Honolulu, HI 96822		Wednesdays ***Closed 10/28/2026***	10:00am - 12:00pm ***Closed 10/28/2026***	***TEFAP*** ***Neighbor Connector***
96826 (Honolulu)	Hawaiian Humane Society **Pet Food Only.**	2700 Waialae Ave. Honolulu, HI 96826	(808) 356-2222	Tuesdays & Fridays	10:00am - 1:00pm	
96826 (Honolulu)	Grace Bible Church	901 Hausten St. Honolulu HI 96826	(808)343-7606	2nd & 4th Saturdays	10:00am - 12:00pm	***TEFAP*** ***Neighbor Connector***
96826 (Honolulu)	Olivet Baptist Church	1775 S Beretania St. Honolulu, HI 96826	(808) 946-6505 (808) 306-6611	Last Saturday or by appt	9:00am - 11:00am or call to schedule appt	***TEFAP***
96853 (Central Oahu)	Armed Services YMCA (Joint Base Pearl Harbor Hickam) **Military access required.**	100 McChord St. Joint Base Pearl Harbor-Hickam, 96853	808-448-1972	Monday - Friday	8:00am - 3:00pm ***Military access required.***	***TEFAP***

Prepared Meals - Soup Kitchens

Zip Code (Area)	Distribution Site Name	Distribution Address	Contact	Days of Operation	Hours of Operation	TEFAP?
96701 (Central Oahu)	St. Elizabeth Catholic Church	99-312 Moanalua Rd. Aiea, HI 96701	(808) 487-2414	Thursdays	5:00pm - 6:00pm	No
96701 (Central Oahu)	St. Timothy's Episcopal Church	98-939 Moanalua Rd. Aiea, HI 96701	(808) 488-5747	2nd & 4th Tuesday	4:30pm - 6:00pm	Yes
96797 (Central Oahu)	Brethren of Christ International	94-133 Pahu St. Waipahu HI 96797	(808) 676-4673	Sundays	4:30pm - 5:30pm	Yes
96814 (Honolulu)	First United Methodist Church	1020 S. Beretania St. Honolulu, HI 96814	(808) 522-9555	Sundays	8:30am - 9:30am	Yes
96817 (Honolulu)	Cedar Assembly of God	620 Waipa Ln. Honolulu, HI 96817	(808) 379-0257	Tuesdays	8:00am - 9:00am	Yes
96817 (Honolulu)	Institute for Human Services	350 Sumner St. Honolulu, HI 96817	(808) 447-2800	7 days a week	12:00pm - 1:00pm	Yes
96817 (Honolulu)	St. Elizabeth's Episcopal Church	720 N King St. Honolulu, HI 96817		Saturdays	7:00am - 8:00am	Yes
96817 (Honolulu)	River of Life Mission	101 N Pauahi St. Honolulu, HI 96817		Monday - Friday	Breakfast 8:00am - 10:30am Lunch 12:30pm - 2:30pm Dinner 7:00pm - 8:00pm	Yes
96817 (Honolulu)	The Salvation Army Camp Homelani @ Kauluwela Corps	296 N Vineyard Blvd. Honolulu, HI 96817		Sundays	7:30pm ***CLOSED June - August***	Yes
96819 (Honolulu)	First Assembly of God Red Hill	3400 Moanalua Rd. Honolulu, HI 96819		Sundays	10:00am - 10:30am 12:00pm - 12:30pm	Yes

Mass Distributions - ‘Ohana Produce Plus Program

All distribution dates/times are subject to change. While Supplies Last.

Please remember to bring your own bags. Carts are especially helpful when you attend the ‘Ohana Produce Plus Program Distributions.

Zip Code (Area)	Distribution Site Name	Distribution Address	Contact	Additional Programs	Distribution Start Time	Days of Operation (See right columns for exact dates)	Nov 2026	Dec 2026
96701 (Central Oahu)	Community People Ministries @ Aiea High School **(Drive Thru & Walk Up)**	98-1276 Ulune St. Aiea, HI 96701		***TEFAP*** ***Neighbor Connector***	9:30am	3rd Saturday	14, ~~21~~	19
96701 (Central Oahu)	Life Christian Church **Online registration only.** **(Drive Thru & Walk Up)**	Various school locations, please see online registration for information.	(808) 201-4482 Registration: ***www.lifechristian hawaii.org/events***		*See Registration*	1st Saturday	7	None
96701 (Central Oahu)	Pearlside Church **Online registration only.** **(Drive Thru & Walk Up)**	98-751 Kuahao Pl. Aiea, HI 96701	(808) 484-0061 Registration opens Monday prior: ***www.pearlside.org/cares***		10:30am	1st Saturday	7	5
96706 (Leeward Coast)	Project Aloha Care @Campbell High School **(Drive Thru)**	91-980 North Rd. Ewa Beach, HI 96706		***TEFAP*** ***Neighbor Connector***	7:00am	2nd Saturday	14	None
96706 (Leeward Coast)	Boys & Girls Club Ewa Beach **(Drive Thru & Walk Up)**	91-884 Fort Weaver Rd. Ewa Beach, HI 96706	(808) 689-4182	***Neighbor Connector***	1:00pm-3:00pm	4th Friday Every other month	None	None
96706 (Leeward Coast)	Message of Peace @Asing Community Park **(Drive Thru & Walk Up)**	91-1450 Renton Rd. Ewa Beach, HI 96706		***TEFAP*** ***Neighbor Connector***	7:00am	3rd Saturday	21	19
96706 (Leeward Coast)	Immaculate Conception Church **(Walk Up)**	91-1298 Renton Rd. Ewa Beach, HI 96706	(808) 681-3701	***TEFAP*** ***Neighbor Connector***	3:00pm	1st Friday	6	4
96707 (Leeward Coast)	Armed Services YMCA @ Daniel K Akaka VA Clinic	91-1051 Franklin D Roosevelt Ave. Kapolei, HI 96707	(808) 254-4719	***TEFAP***	10:00am	2nd Friday	13	11
96707 (Leeward Coast)	The Radical Hale @ Kapolei High School **(Drive Thru & Walk Up)**	91-5007 Kapolei Pkwy. Kapolei, HI 96707		***TEFAP***	7:00am	2nd Saturday	14	12
96712 (North Shore)	Once A Month Church @ Kaiaka Bay Beach Park **(Drive Thru & Walk Up)**	66-449 Haleiwa Rd. Haleiwa, HI 96712	(808) 780-8037	***TEFAP*** ***Neighbor Connector***	12:00pm	3rd Wednesday	18	16
96717 (WindWard Coast)	Ho 'Ala 'Aina Kupono **(Drive Thru)**	52-260 Kahana Valley Rd. Hauula, HI 96717		***TEFAP***	9:00-11:00am	1st Saturday	None	5
96717 (WindWard Coast)	Hui O Hauula @Hauula Beach Park **(Drive Thru & Walk Up)**	54-135 Kamehameha Hwy. Hauula, HI 96717		***TEFAP*** ***Neighbor Connector***	10:00am	1st Monday	2	7
96731 (North Shore)	Key Project @ Kahuku Community Association **(Walk Up)**	56-576 Kamehameha Hwy. Kahuku, HI 96731	(808) 239-5777	***TEFAP*** ***Neighbor Connector***	12:00pm	3rd Thursday	19	17
96731 (North Shore)	Hope Chapel Kahuku @ Kahuku Medical Center - Trailers **(Drive Thru & Walk Up)**	56-117 Pualalea St. Kahuku, HI 96731		***Neighbor Connector***	2:30pm	4th Monday	23	28

Zip Code (Area)	Distribution Site Name	Distribution Address	Contact	Additional Programs	Distribution Start Time	Days of Operation (See right columns for exact dates)	Nov 2026	Dec 2026
96734 (Windward Coast)	Armed Services YMCA MCBH @ MCBH Chapel **Military access required.** **(Walk Up)**	2702 Cushman Ave. Kailua, HI 96734	(808) 254-4719 Registration: ***hawaii.asymca.org/events***	***TEFAP***	12:00pm ***Military access required.***	2nd Monday	9	14
96744 (Windward Coast)	Key Project **(Walk Up)**	47-200 Waihee Rd. Kaneohe, HI 96744	(808) 239-5777	***TEFAP*** ***Neighbor Connector***	1:00pm	1st Tuesday	3	1
96782 (Central Oahu)	Calvary Chapel Pearl Harbor @ Manana Community Park **(Drive Thru & Walk Up)**	1310 Waimano Home Rd. Pearl City, HI 96782		***TEFAP*** ***Neighbor Connector***	7:00am	Last Saturday	21	19
96782 (Central Oahu)	Leeward Community Church **Online registration only.** **(Drive Thru & Walk Up)**	1860 Komo Mai Dr. Pearl City, HI 96782	(808) 456-1340 Registration opens Monday prior: ***komomaics.org/food***		*See Registration*	2nd Saturday	14	12
96786 (Central Oahu)	St. Stephen Episcopal Church @ Wahiawa United Methodist Church **(Drive Thru & Walk Up)**	1445 California Ave. Wahiawa, HI 96786		***TEFAP***	10:00am	2nd & 4th Wednesday	11, 25	9, 23
96786 (Central Oahu)	First Assembly of God Wahiawa **(Walk Up)**	300 Wilikina Dr. Wahiawa, HI 96786	(808) 836-2300	***TEFAP***	7:00am	4th Saturday	21	19
96786 (Central Oahu)	St. Stephen Episcopal Church @ Whitmore Community Center **(Drive Thru & Walk Up)**	1259 Whitmore Ave. Wahiawa, HI 96786		***TEFAP***	10:00am	3rd Monday	16	21
96786 (Central Oahu)	Surfing the Nations **(Walk Up)**	64 Ohai St. Wahiawa, HI 96786		***TEFAP*** ***Neighbor Connector***	*Sign-In:* 11:00am - 12:00pm *Distribution:* 1:00pm	Thursdays	5, 12, 19	3, 10, 17
96792 (Leeward Coast)	Community People Ministries @ Pokai Bay Beach Park **(Drive Thru & Walk Up)**	960 Bayview St. #85 Waianae, HI 96792		***TEFAP*** ***Neighbor Connector***	*Sign-In:* 10:30am *Distribution:* 11:30am	1st Friday	6	4
96792 (Leeward Coast)	Leeward Community Church @ Chinese Christian Alliance Church **(Drive Thru & Walk Up)**	87-1624 Farrington Hwy. Waianae, HI 96792	(808) 456-1340		9:30am	3rd Saturday	21	19
96792 (Leeward Coast)	Nanaikapono Protestant Church **(Walk Up)**	89-235 Pua Ave. Waianae, HI 96792	(808) 668-1184	***TEFAP***	*Sign-In:* 7:45am *Distribution:* 9:00am ***Temporarily Closed***	4th Saturday ***Temporarily Closed***	None	None
96792 (Leeward Coast)	City of Joy Assembly of God **(Walk Up)**	87-2070 Farrington Hwy. Waianae, HI 96792	(808) 256-3596		8:00am	1st Saturday	7	5
96795 (Windward Coast)	Dynamic Compassion In Action @ Waimanalo District Park **(Drive Thru & Walk Up)**	41-415 Hihimanu St. Waimanalo, HI 96795	(808) 754-6260	***TEFAP*** ***Neighbor Connector***	1:30pm	1st & 3rd Monday	2, 16	7, 21

Zip Code (Area)	Distribution Site Name	Distribution Address	Contact	Additional Programs	Distribution Start Time	Days of Operation (See right columns for exact dates)	Nov 2026	Dec 2026
96795 (Windward Coast)	Hui Mahiai Aina @ Waimanalo District Park **(Drive Thru & Walk Up)**	41-415 Hihimanu St. Waimanalo, HI 96795		***TEFAP***	*Sign-In:* 10:00am *Distribution:* 11:00am	1st Thursday	5	3
96797 (Central Oahu)	Community People Ministries @ West Oahu Christian Church **(Drive Thru & Walk Up)**	94-420 Farrington Hwy. Waipahu, HI 96797		***TEFAP*** ***Neighbor Connector***	8:00am	1st Saturday	7	5
96797 (Central Oahu)	Inspire Church @ Patsy T Mink Central Oahu Regional Park **Online registration only.** **(Drive Thru & Walk Up)**	94-801 Kamehameha Hwy. Waipahu, HI 96797	Registration: Inspire Church on Event Brite	***TEFAP***	9:00am	1st Tuesday	3	1
96797 (Central Oahu)	Lighthouse Outreach Center **(Walk Up)**	94-230 Leokane St. Waipahu, HI 96797		***TEFAP*** ***Neighbor Connector***	9:00am	Thursdays	5, 12, 19,	3, 10, 17
96813 (Honolulu)	Hawaii Health & Harm Reduction Center @ Kakaako **(Walk Up)**	653 Ala Moana Blvd. Honolulu, HI 96813	(808) 521-2437	***TEFAP***	1:00pm	4th Wednesday	25	23
96813 (Honolulu)	Serve Hawaii @ Ke'elikolani Middle School **(Drive Thru & Walk Up)**	1302 Queen Emma St. Honolulu HI 96813			10:00am- 11:30am	1st Saturday	7	5
96814 (Honolulu)	Gregory House Programs **(Walk Up)**	1313 Pensacola St. Honolulu, HI 96814	(808) 592-9048	***TEFAP*** ***Neighbor Connector***	10:00am -12:00pm	2nd Tuesday	10	8
96816 (Honolulu)	Mutual Housing Association **Online registration only.** **(Walk Up)**	2170 Ahe St. Honolulu, HI 96816			11:30am	1st Tuesday	3	1
96816 (Honolulu)	Waikiki Community Center @ Kapiolani Community College **(Drive Thru & Walk Up)**	4303 Diamond Head Rd. Honolulu, HI 96816	Registration opens on Monday of that Week: ***http://go.hawaii.edu/7PP***	***Neighbor Connector***	*See Registration*	2nd Friday	13	None
96817 (Honolulu)	Calvary Assembly of God **(Walk Up)**	961 Io Ln. Honolulu, HI 96817		***Neighbor Connector***	Sign-In: 9:00am - 1:00pm Distribution: 2:30pm	3rd Friday	20	18
96817 (Honolulu)	Institute For Human Services **(Walk Up)**	350 Sumner St. Honolulu, HI 96817	(808) 447-2800	***TEFAP***	1:00pm	Last Thursday	19	17
96817 (Honolulu)	Co-Cathedral of St Theresa **Online registration only.** **(Drive Thru & Walk Up)**	712 N School St. Honolulu, HI 96817	Registration opens one week prior: ***www.cocathedral.org***	***TEFAP***	9:00am	4th Saturday	None	5
96817 (Honolulu)	Project Aloha Care **(Walk Up)**	626 McNeil St. Honolulu, HI 96817		***TEFAP*** ***Neighbor Connector***	11:00 am - 1:00pm	Last Saturday	14	12
96818 (Honolulu)	Trinity Missionary Baptist Church	3950 Paine Circle Honolulu, HI 96818	(808) 422-8622	***TEFAP***	9:00am	4th Tuesday	24	22

Zip Code (Area)	Distribution Site Name	Distribution Address	Contact	Additional Programs	Distribution Start Time	Days of Operation (See right columns for exact dates)	Nov 2026	Dec 2026
96818 (Honolulu)	Island Family Christian Church **Online registration only.** **(Drive Thru & Walk Up)**	3375 Salt Lake Blvd. Honolulu, HI 96818	(808) 422-7811 Registration opens one week prior: ***www.islandfamily.org***		7:30am-8:30am 8:30am-9:30am	3rd Saturday	21	19
96819 (Honolulu)	Institute For Human Services Kahauiki Village **(Walk Up)**	2475 N Nimitz Hwy. Honolulu, HI 96819	(808) 447-2800	***TEFAP***	1:00pm	Last Tuesday	24	29
96819 (Honolulu)	Palama Settlement @ Kaahumanu Homes **(Walk Up)**	760 McNeill St. Bldg. 16 Honolulu HI 96819	(808) 845-3945	***TEFAP*** ***Neighbor Connector***	10:30am - 12:00pm	3rd Friday	20	4
96819 (Honolulu)	Susannah Wesley Community Center **(Walk Up)**	1117 Kaili St. Honolulu, HI 96819		***TEFAP*** ***Neighbor Connector***	9:00am	3rd Saturday	21	
96819 (Honolulu)	First Assembly of God Red Hill **(Walk Up)**	3400 Moanalua Rd. Honolulu, HI 96819	(808) 836-2300	***TEFAP***	7:30am - 9:30am	4th Saturday	None	None
96819 (Honolulu)	Abundant Grace Church **(Walk Up)**	702 Puuhale Rd. Honolulu, HI 96819		***TEFAP*** ***Neighbor Connector***	7:30am - 9:30am	Wednesdays	4, 11, 18, 25	2, 9, 16
96819 (Honolulu)	Kalihi Union Church **(Walk Up)**	2214 North King St. Honolulu, HI 96819	(808) 841-7022	***Neighbor Connector***	9:00am - 11:00am	Thursdays	5, 12, 19	3, 10, 17
96819 (Honolulu)	PACT KPT Family Center **(Walk Up)**	1485 Linapuni St. Ste 103 Honolulu, HI 96819	(808) 841-6177		9:00am	3rd Tuesday	17	15
96821 (East Honolulu)	Angel Network Charities **(Walk Up)**	5339 Kalanianaole Hwy. Honolulu, HI 96821		***TEFAP***	1:00pm	1st & 3rd Thursday	5, 19	3, 17
96821 (East Honolulu)	King's Cathedral Oahu **(Drive Thru & Walk Up)**	5740 Kalanianaole Hwy. Honolulu, HI 96821	(808) 466-3273	***TEFAP*** ***Neighbor Connector***	10:30am	2nd & 4th Thursday	None	10
96822 (Honolulu)	Hawaii Health & Harm Reduction Center @ UH Manoa **(Walk Up)**	2517-2523 Correa Rd. Honolulu, HI 96822	(808) 521-2437	***TEFAP***	12:00pm	2nd Wednesday	**12**	9
96826 (Honolulu)	Central Union Church **(Drive Thru & Walk Up)**	1660 S Beretania St. Honolulu, HI 96826	(808) 941-0957	***Neighbor Connector***	Walk-Up: 11:00am - 12:00pm Drive-Thru: 12:00pm - 1:00pm	Wednesdays	4, 11, 18, 25	2, 9, 16, 23
96853 (Central Oahu)	Armed Services YMCA (Joint Base Pearl Harbor-Hickam) **Military access required.** **(Walk Up)**	100 McChord St. Bldg. 1859 Pearl Harbor, HI 96853	(808) 473-3399 Registration: ***hawaii.asymca.org/events***	***TEFAP***	1:00pm ***Military access required.***	4th Wednesday	25	16
96857 (Central Oahu)	Armed Services YMCA Schofield/Wheeler @ Schofield Main Post Chapel **Military access required.** **(Walk Up)**	790 McCornack Rd. Schofield Barracks, HI 96857	(808) 433-8410 Registration: ***hawaii.asymca.org/events***	***TEFAP***	12:30pm ***Military access required.***	4th Monday	23	21

O'AHU HOMELESS HELP CARD

Information provided by Partners In Care O'ahu

GENERAL HELP

Access to Independence *(for those with a disability)*.....808-369-9521
Aloha United Way *(auw211.org)*.....211
Helping Hands Hawai'i, Community Clearing House.....808-440-3800
Hui O Hau'ula *(social svs. Ko'olauloa Residents only)*.....808-888-0045
Salvation Army *(Community Ctr.)*.....808-841-5565

CRISIS (24 HOURS)

Hawai'i CARES *(mental health, substance use crisis & support services)*.....808-832-3100
Domestic Violence Crisis Line.....808-266-7233
National Veterans Crisis Hotline.....800-273-8255 *(press 1)*
National Women Veterans Hotline...855-829-6636

ABUSE (CHILD/SPOUSE/ADULT)

Adult Protective Services *(weekdays)*.....808-832-5115
Child Protective Services *(24 hr)*.....808-832-5300
Domestic Violence Action Ctr.....808-531-3771
Toll-Free *(all islands)*.....800-690-6200
Text *(24 hr)*.....605-956-5680
24/7 Chat Available.....
.....www.domesticviolenceactioncenter.org

Domestic Violence Hotlines:
Town/Leeward *(CFS)*.....808-841-0822
Ho'ola Na Pua Sex Trafficking Assistance and Prevention.....808-445-3131
EPIC - 'Ohana Case Conferencing *(for CPS children)*.....808-838-7752
Family Peace Center *(PACT)*.....808-832-0855
Sex Abuse Treatment *(24hr)*.....808-535-7600
Trafficking Victim Assistance Program *(Susannah Wesley, text avail., 24hr)*.....808-721-9614

Domestic Violence Shelters:
Child & Family Service.....808-841-0822
PACT 'Ohi'a Shelter.....808-585-7944
Trafficking Victim Assistance Program *(Susannah Wesley, text avail., 24hr)*.....808-721-9614

AFFORDABLE HOUSING

Cloudbreak Communities *(affordable & service enriched permanent housing)*.....808-682-1949
Sea Winds *(Affordable housing company & transitional units)*.....808-696-0061

ALCOHOL/DRUG

Alcoholics Anonymous.....808-946-1438
Champ Clinic.....808-426-4515
Dynamic Healing Center.....808-425-4245
Hawai'i Health & Harm Reduction Center.....808-521-2437
Habilitat, Inc.....800-872-2525
Hawai'i CARES.....808-832-3100
Hina Mauka Kāne'ohe.....808-236-2600
Hina Mauka Waipahu *(outpatient)*.....808-671-6900
Ho'omau Ke Ola.....808-696-3315
IHS 'Imi Ola Piha Homeless Triage and Treatment Center.....808-782-8231
Salvation Army Detox *(ATS)*.....808-595-5819
Salvation Army Family/Women *(FTS)*...808-732-2802
Salvation Army Adult Males *(ATS)*.....808-595-6371
Salvation Army *(ARC)*.....808-522-8400
Sand Island Treatment Center.....808-841-3915
Women In Need *(intensive outpatient program for women & men)*.....808-486-1996

CASE MANAGEMENT

Hale Na'au Pono *(adult & children's programs, therapeutic care, family services)*.....808-696-4211
Hawai'i Health & Harm Reduction Center.....808-521-2437
IHS.....808-447-2865
Kealahou West O'ahu.....808-364-5820
North Shore Mental Health.....808-638-8700
Project Vision.....808-201-3937

DHS (STATE) BENEFITS

Hawai'i Public Housing Authority Applications Office.....808-832-5961

TANF, GA/AABD, SNAP & Childcare Information:
Public Assistance Information System Line *(PAIS, toll free)*.....1-855-643-1643
Project Vision *(SNAP Svs.)*..... 808-201-3937

Medicaid:
QUEST (Medicaid) Health Insurance.....1-800-316-8005
Project Vision..... 808-201-3937

Med-QUEST Health Plan's After-Hours Advice Lines:
AlohaCare.....1-877-225-8839
HMSA.....1-800-440-0640
Kaiser Permanente.....1-833-833-3333
'Ohana Health Plan.....1-800-919-8807
UnitedHealthcare Plan.....1-888-980-8728

DISPUTE RESOLUTION

The Mediation Center of the Pacific.....808-521-6767

EDUCATION

DOE: COFA Care Navigation.....808-348-0308
DOE: Education for Homeless Children & Youth..... 808-348-0304
Hawai'i Vet2Vet *(Hawai'i Certified Peer Specialist Training)*..... 808-462-3286
HawaiianHope.org *(inexpensive & free computers & tech)*.....808-352-8800

EMPLOYMENT SERVICES

Alu Like *(employment & training)*.....808-535-6700
American Job Center *(Dillingham)*.....808-768-5701
Division of Vocational Rehabilitation....808-586-5164
Economic Opportunity Center (PACT)..808-842-7093
Goodwill Industries of Hawai'i.....808-483-7172
HCAP-Na Lima Hana & Senior Employment.....808-521-4531
HI Disability Rights Center *(Ticket to Work)*.....808-949-2922
HI State Unemployment Office.....808-586-8970
IHS Hele2Work.....808-447-2844, 808-447-2912
Network Enterprises, Inc.....808-521-7774
U.S.VETS *(employment assistance & veteran services)*.....808-342-7493

FOOD

Helping Hands Hawai'i SNAP Outreach.....808-440-3832
Hau'ula *(food pantry, Ko'olauloa Residents only)*.....808-888-0045
Project Vision Hawai'i *(SNAP Svs.)*..... 808-201-3937
River of Life Mission.....808-524-7656
Salvation Army (Community Asst. Ctr.).....808-841-5565

Call 211 to check with other outreach agencies or churches for food assistance.

HEPATITIS B&C

Hawai'i Health & Harm Reduction Center.....808-521-2437
Hep Free Hawai'i.....808-436-5884

HIV/AIDS

Gregory House Programs.....808-592-9022
Hawai'i Health & Harm Reduction Center.....808-521-2437
Waikīkī Health.....808-922-4787

HOUSING SEARCH

Landlord Engagement Program.....808-380-9354

HYGIENE SERVICES

HiEHiE *(Mobile Showers, Restrooms)*....808-201-3937
Pūnāwai Rest Stop *(Laundry,Showers)*...808-599-9750
Revive+Refresh *(Mobile Showers & Laundry)*.....808-799-6738
River of Life Mission.....808-524-7656
Salvation Army *(Community Asst. Ctr.)*..808-841-5565

INTERPRETATION/TRANSLATION SERVICES

Helping Hands Hawai'i, Bilingual Access Line).....808-526-9724

LEGAL

Community Outreach Court.....808-347-2551
Legal Aid Society of Hawai'i.....808-536-4302
Volunteer Legal Services Hawai'i.....808-528-7046

LGBTQ+ SERVICES

Hawai'i Health & Harm Reduction Center.....808-521-2437

MEDICAL CARE

C.O.R.E. *(Crisis, Outreach, Response, Engagement)*.....808-768-2673
Hawai'i HOME Project.....808-223-8859
KPHC, Healthcare for the Homeless Project.....808-791-6342
Hawai'i Health & Harm Reduction Center.....808-521-2437
IHS..... 808-447-2925
Kāne'ohe Joint Outreach Center.....808-234-5562
Kōkua Kalihi Valley.....808-791-9400
Ko'olauloa Health Center.....808-293-9231
MedQuest Information Low-Cost Insurance.....1-800-316-8005
Project Vision Hawai'i.....808-201-3937
Pūnāwai Medical Respite.....808-784-3831
Wai'anae Coast Comprehensive Health Center.....808-697-3300
Waikīkī Health.....808-922-4787
Waimānalo Health Center.....808-259-7948

Medicaid:
QUEST (Medicaid) Health Insurance..... 1-800-316-8005
Project Vision Hawai'i..... 808-201-3937

Med-QUEST Health After Hours Nurse Advice Lines:
AlohaCare.....1-877-225-8839
HMSA.....1-800-440-0640
Kaiser Permanente.....1-833-833-3333
'Ohana Health Plan.....1-800-919-8807
UnitedHealthcare Plan.....1-888-980-8728

MENTAL HEALTH

Hawai'i CARES *(mental health, substance use crisis & support services)*.....808-832-3100
Catholic Charities Hawai'i Counseling Center.....808-527-4470

Dept. of Health, Mental Health Clinics:
Adult MH Division Eligibility Line.....808-643-2643
Central-Leeward O'ahu Treatment Services.....808-453-5950
Central O'ahu Family Guidance Center.....808-453-5900
East Honolulu Treatment Services Section.....808-733-9260
Hale Na'au Pono.....808-696-4211
Honolulu O'ahu Family Guidance Center.....808-733-9393
Hope Treatment Services.....808-638-4555, 808-638-4440
Leeward O'ahu Family Guidance Center.....808-692-7700
West Honolulu Treatment Services Section *(adults)*.....808-832-5800
Windward Family Guidance Center.....808-233-3770
Windward O'ahu Treatment Services.....808-233-3775
Kahi Mohala Behavioral Health.....808-671-8511
North Shore Mental Health.....808-638-8700

PET SERVICES

Hawaiian Humane Society *(animal emergency/stray pick-up)*.....808-356-2250
Pet Kōkua *(surrender & cruelty prevention)*.....808-356-2225
K9 Kōkua.....808-284-4310
Poi Dogs & Pōpōki *(wellness checks, immunizations, microchipping, spay/neuter)*.....808-551-7915

RENTAL ASSISTANCE

Catholic Charities Hawai'i.....808-521-4357
Family Promise of Hawai'i.....808-300-0560
Helping Hands Hawai'i, Community Clearing House.....808-440-3800
IHS.....808-447-2819, 808-447-2862
Rent to Work.....808-768-5734
Salvation Army *(Community Asst. Ctr.)*....808-841-5565
U.S.VETS Wai'anae.....808-348-7422

SHELTER: EMERGENCY

Family Assessment Center..... 808-202-9133
Family Promise of Hawai'i.....808-300-0560
Hale Kipa *(youth <18)*.....808-754-9844
Hale 'Imi Ola *(Catholic Charities)*.....808-897-5479
HONU.....808-768-4668
IHS *(men)*.....808-447-2900
IHS *(women and children)*.....808-447-2800
IHS Hale Mauliola Sand Island Navigation Center *(pet friendly)*.....808-774-4492
Ka Malu Ko'olau Kauhale.....808-724-4972
Keauhou Emergency Shelter (Waikīkī Health) *(individuals & couples)*.....808-537-8330
Kealahou West O'ahu (Onelau'ena).....808-782-4342
Kulaokahu'a Shelter *(Seniors)*.....808-599-5759
Pai'olu Kaiāulu, U.S.VETS Wai'anae *(service/comfort animal allowed)*.....808-462-0280
RYSE *(youth ages 18-24)*.....808-498-5180
Waimānalo Emergency Shelter.....808-204-0982

SHELTER: TRANSITIONAL

Dynamic Healing Center.....808-425-4245
Faith House Ministries.....808-200-1177
Gregory House *(HIV)*.....808-592-9022
Hale Kipa's Transitional Living Program *(TLP, ages 18-22)*..... 808-277-5159
HCAP Kumuhonua Transitional Living Center.....808-682-5494
MHK Maukakea Village.....808-524-7233
RYSE *(youth ages 14-24)*.....808-498-5180
THE SHELTER *(women)*.....808-468-1855

OUTREACH/DROP-IN CENTERS

HawaiianHope.org *(inexpensive & free computers & tech)*.....808-352-8800
Hawai'i Health & Harm Reduction Center.....808-521-2437
Helping Hands Hawai'i SNAP Outreach.....808-440-3832
IHS.....808-447-2865
Kealahou West O'ahu.....808-696-5667
Legal Aid Society of Hawai'i.....808-536-4302
Lydia House *(youth ages 16-26)*.....808-466-8022
Outreach in Waikīkī (referrals).....808-208-9150
RYSE & Mobile Crisis Outreach *(youth ages 14-24)*.....808-498-5180, 808-861-6606
Salvation Army *(Community Asst. Ctr.)*.. 808-841-5565
Wai'anae Coast Comprehensive Health Center.....808-697-3300
Waikīkī Business Improvement District Assoc. *(Waikīkī Outreach only)*.....808-208-9150
U.S.VETS.....808-630-0771, 808-347-4267
Youth Outreach *(YO!)*.....808-942-5858

VETERANS' SERVICES

Catholic Charities Hawai'i Veterans Services *(housing, mental health, legal)*...808-521-4357
Cloudbreak Communities *(affordable & service enriched permanent housing)*.....808-682-1949
Hawaii Vet2Vet.....808-462-3286
HawaiianHope.org *(inexpensive & free computers & tech)*.....808-352-8800
IHS Veteran Support Program.....808-447-2916
Network Enterprises, Inc. *(employment)*.....808-521-7774
Steven A. Cohen Military Family Clinic.....808.204.4020
U.S.VETS *(outreach, housing, support)*..... 808-630-0771, 808-347-4267
VA Health Care for the Homeless *(outreach, medical, & mental health services)*.....808-433-0357
VA Call Center *(SATP, MH, & medical appointments)*.....1-800-214-1306
Veterans Suicide Hotline.....1-800-273-8255

Notes: *Revised 06/2024*

Shelf-Stable Foods	Shelf Life After Code Date
Baby Food	
Cereal: dry mixes	Expiration date on package
Food in Jars, cans	Expiration date on package
Formula	Expiration date on package
Juice	1 year
Canned Food	
Beans	3 years
Fish: salmon, tuna, sardines, mackerel	3 years
Frosting, canned	10 months
High-acid foods	
- fruit (including applesauce, juices)	
- pickles, sauerkraut	1-2 years
- baked beans w/mustard/vinegar	
- tomatoes, tomato-based soups & sauces	
Low-acid foods	
- gravy, soups/broths that aren't tomato-based	
- pasta, stews, cream sauces	2-3 years
- vegetables (not tomatoes)	
Meat: beef, chicken, pork, turkey	2-3 years
Pie filling	3 years
Condiments, Sauces, Syrups	
UHT milk	
Broth: beef, chicken or vegetable	
Soup	
Fruits	
Vegetables	
Condiments, Sauces, Syrups	
Barbeque sauce (bottled)	1 year
Frosting, canned	10 months
Gravy (dry mix envelopes)	2 years
Honey	2 years --remains safe after crystallization. To use, simply immerse closed container in hot (not boiling) water until honey liquifies
Jams, jellies, preserves	18 months
Ketchup, cocktail, or chili sauce: jar, bottle, or packet	18 months
Mayonaise,: jar, bottle or packet	3-6 months
Molasses	2 years
Mustard: jar, bottle or packet	2 years
Olives	18-24 months
Pickles	1 year canned 2 years, jarred--discard if inside of lid is rusty open opening
Salad dressings: bottled	1 year

Shelf-Stable Foods (continued)	Shelf Life After Code Date
Condiments, Sauces, Syrups (continued)	
Spaghetti sauce, canned	18 months
Spaghetti sauce, jarred	18 months
Syrup, chocolate	2 years
Syrup, corn	2 years
Syrup, pancake	2 years
Vinegar	2 years
Worcestershire sauce	2 years
Dry Goods	
Baking Mix, pancake	9 months
Baking mixes (brownie, cake, muffin, etc.)	12-18 months
Baking powder	18 months
Baking soda	indefinite if kept dry
Beans, dried	1 year
Bouillon: beef or chicken	12-24 months
Bouillon: vegetable	12-24 months
Bread , commercially prepared (including rolls)	3-5 days
Cakes, commercially prepared	3-5 days at room temp 3 months stored frozen
Candy (all, including chocolate)	9 months, caramel 18 months, chocolate 36 months, hard candy
Casserole Mix	9-12 months
Cereal, cold	1 year
Cereal, hot	1 year
Cookies	4 months
Cornmeal	1 year at room temp 2+ years frozen
Crackers	8 months Except graham crackers, 2 months
Flour, white (all purpose or cake)	1 year
Flour, whole wheat	6 months (keeps longer if refrigerated or frozen)
Fruit, dried	6 months (keeps longer if refrigerated or frozen)
Macaroni and Cheese, mix	6-12 months
Nuts, out of shell	6-12 months, bagged 12-24 months, canned
Nuts, in shell	6-12 months, bagged 12-24 months, canned
Oatmeal	12 months
Oil, olive, vegetable , salad	6 months
Pasta, dry (egg noodle)	2-3 years
Pasta, dry (no egg)	2-3 years
Peanut Butter	18 months
Popcorn, kernels	2 years
Popcorn, commercially popped and bagged	2-3 months
Popcorn, microwave packets	1 year

Shelf-Stable Foods (continued)	Shelf Life After Code Date
Dry Goods (continued)	
Potatoes, mashed, instant flakes	1 year
Pretzels	6-8 months
Pudding, prepared/shelf stable	1 week
Rice, brown	1 year
Rice, white	2 years
Rice-based mixes	6 months
Shortening, vegetable	8-12 months
Spices	up to 4 years, whole spices up to 2 years, ground spices Spices lose flavor over time but remain safe to use indefinitely
Stuffing mix	9-12 months
Sugar, brown (light or dark)	18 months
Sugar, confectioners	18 months
Sugar, white	2+ years
Sugar substitute	2 years
Toaster pastries	6 months, fruit 9 months, no fruit
Tortillas	3 months, shelf or refrigerator 6 months, freezer Do not use if they develop mold or harden
Shelf -Stable Beverages	
Cocoa Mixes	36 months
Coffee Creamer, liquid shelf stable	9-12 months
Coffee creamer, powdered	2 years
Coffee, ground	2 years
Coffee, instant	1-2 years
Coffee, whole bean	1 year, vauum packed
Instant breakfast	6 months
Juice, bottle, shelf-stable	9 months
Juice, box	4-6 months
Juice, canned	18 months
Juice concentrate, shelf-stable	
Milk, evaporated	1 year
Milk, non-fat dry	1 year
Milk-shelf stable UHT	6 months
Milk, sweetened condensed	1 year
Nutrional aid supplements (Boost, Ensure, etc.)	1 year
Rice milk, shelf stable	6 months
Carbonated beverages (soda/seltzer water)	3 months, bottles (all) 3 months, diet (cans) 9 months, regular soda or seltzer (cans)
Soymilk, shelf stable	6 months
Tea, bagged	18months
Tea, instant	3 years

Shelf-Stable Foods	Shelf Life After Code Date
Shelf -Stable Beverages (continued)	
Water	indefinite: store in cool, dark place away from chemicals
Water, flavored	indefinite: store in cool, dark place away from chemicals

Frozen Foods	Frozen (0°F or below)
Bread, bagels	3 months
Chicken, nuggets/patties	2 months
Desserts, frozen baked goods	3-4 months
Desserts, frozen cream pies	1-2 months
Desserts, frozen fruit pies	6-8 months
Dinners, pies, casseroles, shrimp, ham. Pork or sausage	3-4 months
Dinners: beef, turkey, chicken, or fish	6 months
Dough, bread	1 month, longer storage inactivaes yeast , weakens gluten
Dough, cookie	3 months
Pasteurized eggs in carton	1 year, purchased frozen, unopened, never thawed
Fish, breaded	4-6 months
Ice Pops	6 months
Fruit, frozen	4 months
Ice cream	2-4 months
Juice concentrate	1 years
Soy meat substitues	12-18 months
Vegetables	8 months
Waffles, pancakes	2 months
Whipped topping, non dairy tub	6 months

Meats	Refrigerated (40°F or below)	Frozen (0°F or below)
Fish/Seafood: Uncooked		
Fatty fish (salmon, mackerel, perch, bluefish)	n/a	3-6 months
Lean fish (cod, flounder, sole, haddock, pollock)	n/a	12 mnths
Shrimp, raw	n/a	9 months
Crab, canned	n/a	Do not freeze
Crab, legs	n/a	9-12 months
Oysters, shucked	n/a	3-4 months
Lobster Tailes raw	n/a	6-9 months
Scallops, raw	n/a	3-6 months
Fish/Seafood: Cooked		
Fatty fish (salmon, mackerel, perch, bluefish)	n/a	3-6 months
Lean fish (cod, flounder, sole, haddock, pollock)	n/a	3-6 months
Shrmip and other Shellfish	n/a	3-6 months
Meats, Raw		
Beef Roasts	n/a	1 year
Beef Steaks	n/a	1 year
Pork Roasts	n/a	1 year
Pork Chops	n/a	1 year
Lamb Roasts	n/a	1 year
Lamb Steaks/Chops	n/a	1 year
Poultry: Chicken or Turkey, whole cuts	n/a	1 year
Ground Meats (beef, pork, lamb or poultry)	n/a	9-12 months
Meats, Processed		
Bacon, unopened	2 weeks	6 months
Bacon, opened	1 week	2 months
Chicken, Fried	4 days	4 months
Chicken, Nuggets/Patties	2 days	3 months
Ham, unopened	2 weeks	1 year
Ham, opened	1 week	1-2 months
Hot Dogs, unopened	2 weeks	9 months
Luncheon meats, deli slice or opened	3-5 days	Do not freeze
Luncheon meats, unopened commerical package	2 weeks	1-2 months
Pepperoni, Salami	1 month	6 months
Sausage, raw	2 days	6 months
Sausage, smoked links or patties	1 week	9 months

Dairy and Cooler Items	Refrigerated (40°F or below)	Frozen (0°F or below)
Butter	2-3 months	1 year
Buttermilk	10-14 days	Freezes poorly
Cheese Trays	2 weeks	Do not freeze
Cheese, Cottage	10-15 days	Freezes poorly
Cheese, Cream	2 weeks	Freezes poorly
Cheese, hard	6 months	6-8 months
Cheese, soft	1-2 weeks	6 months
Cheese, processed	3-4 weeks	6 months
Coffee Creamer , liquid refrigerated	3 weeks	Follow instructions on package
Cream, Half & Half	3-4 days	4 months, use for cooking
Cream, Heavy	10 days	3-4 months, shake upon thawing to loosen; use for cooking
Cream, Light	1 week	3-4 mopnths, use for cooking
Crust, pie or pizza ready to bake	Sell-by date	2 months
Dips, made with sour cream	2 weeks	Do not freeze
Dough, niscuit	Sell-by date	Do not freeze
Dough, bread or pizza	Sell-by date	Do not freeze
Dough, cookie	Sell-by date	2-3 months
Eggs, in shell	4-5 weeks	Do not freeze
Eggs, pasteurized carton egg substitute, unopened	10 days	1 year
Eggs, pasteurized carton real eggs. Unopened	10 days	1 year
Juice, purchase refrigerated	3 weeks	8-12 months
****MINUTE MAID/TROPICANA - CANNOT DISTRIBUTE**		
AFTER EXPIRATION DATE.		
Margarine	6 months	12 months
Milk (not shelf stable)	1 week	1-3 months, use for cooking
Pudding, purchased refrigerated	1-2 days	Do not freeze
Salad dressing, refrigerated packets	3 months	Do not freeze
Sour cream	2-3 weeks	Do not freeze
Whipped cream, aerosol	3-4 weeks	Do not freeze
Whipped topping, aerosol	3 months	Do not freeze
Whipped topping, non-dairy tub	2 weeks	14 months; do not freeze once thawed
Yogurt	10-14 days	1-2 months

Prepared Items/Deli Food	Refrigerated (41°F or below)	Frozen (0°F or below)
Chicken, Roasted or Fried	3-4 days	4-6 months
Fruit, cut	Best By Date	Do Not Freeze
Guacamole	5-7 days	6 months
Hummus, Pasturized	3 months	Do Not Freeze
Hummus, with Preservatives	2 months	Do Not Freeze
Hummus, traditional (no preservatives, not pasteurized)	7 days	Do Not Freeze
Main dishes, meals	3-4 days	2-3 months
Meats in gravy or broth (including meat pies)	1-2 days	6 onths
Pasta, fresh	1 week	1 month
Salads, prepared (macaroni, egg, potato, chicken, tuna, etc.)	3-5 days	Do Not Freeze
Sauces, Egg-Based (Hollandaise, etc.)	10 days	Do Not Freeze
Side dishes, cooked vegetables	3-4 days	1-2 months
Side dishes, potato-based (not salad)	3-4 days	1-2 months
Side dishes, rice	3-4 days	1-2 months
Soups, Stews	2-3 days	4-6 Months
Spinach, salad greens (bagged)	Date on bag	Do Not Freeze